

Our Colourful Times

Colour Resonance Newsletter

WA Issue 75

APRIL 2008

AURA-SOMA ANNUAL CONFERENCE 2008

**FRIDAY 25th & SATURDAY 26th APRIL
PUBLIC OPEN DAY - SUNDAY 27th APRIL 2008
Watermark Hotel & Spa, Gold Coast, QLD**

The Conference itself runs over Friday & Saturday. All Aura-Soma students, practitioners and teachers are encouraged to attend. There is always *so* much to learn and it's great to connect with some of the Aura-Soma family from other states. Learn new ways to use Aura-Soma, and be brought up to date with the latest product news. Attend mini-workshops presented by other Aura-Soma teachers and practitioners. Do give this some serious thought, as these conferences are SO valuable. Come with a friend and share accommodation costs! At the Public Day on Sunday, *everyone* is welcome and there will be lots of colourful stalls selling wonderful products and, lots of Aura-Soma readers. Come and enjoy a fabulous weekend.

CONFERENCE BOOKINGS AND INFORMATION:

Harry or Marg Simon PH: 02 9541 1066

simon@aura-soma.com.au

SOLUNTRAKING PERTH & ALICE SPRINGS

Don't miss these opportunities to be with Soluntra. If you are waiting for the "next step" in your soul journey, a workshop with Soluntra could well be it!! Activation meditations allow you to open up to yourself at the highest vibrational level possible. Soluntra's information comes, not from channelling, but from a deep heart-connection to her Higher-Self. Working and living in complete Higher-Self Guidance, she flows with inter-stellar and inter-dimensional information which she, in turn, shares with others. She is a wonderful example of how we need to stay grounded and practical, completely in our physical body, whilst opening up to our highest possible vibrational resonances.

Often called to travel to sacred sites at specific times and locations around the world, Soluntra assists the grounding of cosmic energy to Earth so that both Earth and humanity can move forward on our evolutionary paths. We grow our inner light by clearing past patterns, not with trauma and dramatics, but through connecting to our Inner Sun, Earth Sun and all cosmic suns as we make our physical body, our Body of Light.

Soluntra's latest workshops take you on a journey like no other, and provide opportunities for you to download new light codings and transmute your DNA patterning. These workshops are much deeper and broader than mere words can ever describe. Visit Soluntra's website or ring for a flyer/more info.

See page 5 for more on Perth workshops and upcoming journeys to Alice Springs, Mexico and NZ.

BLACK IS BACK

What a darn shame!

Black. Yes, it's back, more's the pity. Apparently, black is the 'new black'. That's such a clever phrase I'm beside myself with excitement at the concept. Frankly, it's a total cop out. Lack of imagination and connection to colour is a devastating and all too frequent dis-ease from the world of fashion and decor, and sadly far too many of us have been infected by it.

Esoterically, it's interesting that as we move into The Golden Age where our planet will receive a lot more light, we have seen Blah Blah Beige in furnishings and décor, Bland and Boring Greys or Baby Poo Brown on the outside of houses and, oh yes, black is back in fashion big time for clothing. Are we detecting tad of resistance from humanity? Oh definitely. Let's look at some of the aspects and psychology of black and see why it's really *not* the best shade we could wear or have around us in large doses.

Black is emptiness, void of all emotion. It's not so much about the sub-conscious, as the unconscious. It's a complete block to communication, intimacy and emotion. It lets no energy in, and none out. It's hugely depressive when over-used and the more we wear it, the more uncommunicative and withdrawn we become. It blocks so much that when someone perpetually wears black, they soon become depressed, morose and mono-syllabic. Teenagers wear a lot of black which, for most parents, kind of speaks for itself.

If our job entails engaging other people in any way whatsoever, then it's really best not to wear black. It blocks all aspects of personality because it's a colour to hide behind and not be seen. Anyone working with children, therefore, should certainly never wear black. Children adore colour and respond to it immediately. They receive no information from us whatsoever when we wear black. Magicians use black to trick us into thinking we're seeing something we're not. In black, therefore, we see the aspects of illusion and delusion. It's the colour of shadows where all sorts of things can hide, including ourselves. In many cultures, black is also the colour of mourning so it brings unconscious messages of sadness and loss when we look at it. It's a shade that will never, ever cheer anyone up by the mere sight of it. Quite the reverse. Black doesn't only affect the wearer, but also those who have to look at it, so we do not help the world to be a more positive, upbeat and optimistic place to be in when we wear it.

Finally, black only makes you look slimmer if you're on tv. In the real world, people can see all around us, so there's no hiding our size, or our lumps and bumps. It also makes most people look half-dead, so if we want to impress someone, probably best not to go along looking like we're about to make someone the recipient of our last will and testament.

The one positive thing about black, however, is that it does make a great backdrop for colour, so if you must wear black for work purposes, try to bring in a little colour via shawls, cardigans or jewellery. Black is back? Then let's give it the boot to match!

COMPLEMENTARY COLOURS ORANGE & BLUE

Complementary colours are those which sit opposite each other on the Colour Wheel. In this article we take a look at how the complementaries of Orange & Blue sometimes support but in this case, mainly oppose, each other. Orange (secondary colour) and Blue (primary colour) are wonderful examples of the extremes that are often revealed in complementary colours.

Orange shares many similar qualities with Coral, which we examined last month, but it also has its own, unique aspects and tendencies too. Orange is exuberant, extrovert, lively and fun-loving. It's a colour that's really "in your face" and, love it or loathe it, it's definitely hard to ignore. Orange is also warm, friendly and sociable. It's the party colour - fun! fun! fun! It's representative of having a good time and blowing the consequences.

Orange represents a dramatic response to situations. It's the real Drama Queen of the colour spectrum. It's always high on emotion, whether positive or negative. It can swing between extremes of high highs and low lows. The red in orange only provides necessary boundaries when some maturity has been gained. Unfortunately, those who have a very Orange personality will always choose to learn their lessons the hard way, as they find it difficult to have any boundaries at all.

The tendency for extremes can often cause an excess of good times, and good time generators too, such as drugs and alcohol. Orange personalities are often found in a dependent/co-dependent relationship. For an immature Orange, their emotionally dramatic response to situations, and the lack of both personal and social boundaries, can also keep them in a victim or perpetrator role in abusive situations.

There is definitely an upside to Orange. It's the colour of freedom, deep joy and absolute bliss. What has to come first, however, is the awakening that its red half provides, and the refining of the logic and clarity that its yellow half provides. In effect, there has to be a renunciation of the previous life of excess, and a willingness to embrace a life with boundaries, order and purpose. When this occurs, there is no personality on the colour wheel that is so affable, helpful, supportive and emotionally empathic, as Orange. This is the consummate counsellor, the energetic and logical boss and the charismatic political leader. You can't help liking Orange personalities, even when they're not doing so well, they still have "je ne sais quoi", that indescribable certain "something" that draws people to them, even when they're behaving rather badly.

And now, let's have a look at the complementary opposite of Orange, the colour Blue. Very often, colours that sit across the wheel to each other, will have many similar qualities. In these two, however, we see how opposites attract! Unlike Orange, Blue is cool, calm and collected. It's the colour of the communicator and the peace-maker. It reveals faith, trust and truth. It's the colour of expression - in all forms.

Unlike its complementary, a Blue personality would much rather stay home and read a book than go out and party. It enjoys stimulating discussions about politics and the arts, particularly literature. Blue personalities love words. They will be eloquent, clear and entertaining speakers, fluent and expressive writers, and harmonic and melodic singers.

Blue personalities are naturally mature and generally are very happy to be alone without feeling lonely. They don't care too much for large, noisy gatherings. They do not eschew company,

however, and will converse quite happily with anyone - although usually in a quiet corner somewhere. They are meticulously polite and are never needlessly cruel with their words, even when the person with whom they are conversing is not someone they would usually find interesting.

They do, however, rather prefer their own company and it's essential that they have some time alone every day. They don't do too well when they cannot re-charge their batteries in their special little nook. A Blue personality will always hold back more than it gives out, not because it's stingy, but because it's naturally conservative. An Orange personality will tell its life story, with all the intimate and gory details, to a perfect stranger on a bus, but a Blue personality would be horrified at the mere thought. Not so much lofty, as noble, a "true blue" has an innate sense of what is an appropriate amount of information to share, and what is rather too much.

Just as Blue is happy in its own company, so Orange needs to be surrounded by an entourage of friends, acquaintances and hangers on. Orange always needs the support of community in some form or other, even when the "community" is not working in a positive way for them.

The need to be alone, coupled with a natural reticence, means that those who resonate with Blue may get "the blues" from time to time but, if everything in their life is in balance, it won't develop into depression. They just become rather introspective sometimes. On the other hand, it's rather hard to ever be introspective around Orange. Burning the candle at both ends is rather a speciality of Orange personalities, and they thrive on it.

Blue is very calm in all situations and rarely gets angry but can be pushed to being "a little annoyed", especially when faced with a recalcitrant Orange who is petulant at being lectured about appropriate boundaries and is about to have a "Diva Moment". What can often be seen in the Blue/Orange relationship corner is the parent/child model, with Blue quite naturally as the parent partner, and Orange as the child. This unequal match never works for long as Orange quickly comes to resent being told what to do and how to behave all the time. Blue will be able to express its concerns and outline the "disastrous" mistakes made by its Orange partner, with devastating truth and, a frankness which is hard to escape. Orange, however, will squirm and wriggle when faced with its misdemeanours, and is not above an outright lie in an effort to make the whole thing just go away. For Blues, lying is just not an option and any outright fibbing by an Orange partner will be cause for despair.

In opposition and when immature, these two opposites will clash endlessly and be poles apart on every aspect of their lifestyle, opinions, tastes and personalities. As we know, however, opposites do attract and, when Blue and Orange are drawn to each other in balance and maturity, each becomes a beautiful and perfect balance for the other. Blue calms down the effervescent Orange, and Orange enlivens the often, too serious, Blue. An Orange personality is encouraged by endless support from Blue, to be brave about telling the truth. It gains huge self-confidence and self-respect from its peers when it steps up and takes responsibility for all it does and all it says. Instead of hiding behind the mask of the clown, Orange can eventually have enough courage and fortitude to remove the mask completely and reveal its true self to the world. When it finds it is loved and accepted even more than before, the Orange personality simply glows. Its complementary, Blue, will always be there. Ever cool, calm and collected, mature, serious and true-blue. Together, they are a formidable and enduring combination.

COMPLEMENTARY AURA-SOMA® BOTTLES

There is only one bottle in Aura-Soma which contains Orange & Blue complementary colours together, is B72 "The Clown Bottle, Pagliacci". No matter how many times I change the B72, the lower fraction of Orange insists on morphing into a dark "burnt orange" colour.

Sitting with this phenomena, it seems that this bottle is trying to reveal that part of our self which lays very deeply hidden behind the mask. Quite often when Pagliacci is chosen, it may well indicate that the mask we wear is of such long standing that even the wearer has forgotten the self they show to the world is not real. Looking at the true self may be too painful, so we stop showing it altogether. Others may never know just how much false bravado is used to maintain the façade we show them. They will be completely taken in and think this person is SUCH a happy soul. The truth may be far, far different, however, and this fun, fun person may be really suffering inside, with many, many unshed tears. The tears will be so hidden, that even the clown does not acknowledge them. So, there they lie, hidden, frozen, like a lump in the belly that will not stop aching, and with no way to express what that feels like.

The blue top fraction of this bottle is in the conscious mind of the one who has chosen, and may well represent the battle between truth and lies that takes place when Orange goes into hiding. Blue is about authority and protection but when they're misused, then abuse of one sort or another, albeit in varying degrees, is usually the result.

The wonderful thing about this bottle, however, is that by using it, then gently, but inexorably, we find the courage to remove the mask. Blue helps us to see how our intrinsic truth may have been compromised, and how lies helped to cover it up. If the one who chose the bottle has been a victim, then the lies would have been a method of survival (red in orange). If the chooser was the perpetrator, then the lies would have been about exerting power and control over another (yellow in orange). In either case, using this bottle helps us to face what was, and to let go of how we wanted it to be. Whether or victim or perpetrator, Pagliacci helps us surrender completely to the truth. To face and embrace who we really are, and to let go of the mask onto which we have been holding so very tightly.

Ironically, when we finally let the mask drop, only then do we find such a depth of joy within us that we truly do begin to laugh with the world. Our joy rises from the depths of our belly and rumbles up through our throat chakra as it's released in open mouthed laughter. Dropping the mask brings a freedom we had never thought possible. What we have been so scared to do, is actually the one thing that brings us more joy than we ever thought possible. When we eventually take a good long look at ourselves with no mask at all, it's an opportunity to fall in love with the angel within.

After using this bottle, Pagliacci now becomes the *insightful* clown, the one who sees through the pain of others still hiding behind their own masks. The clown gently helps them to let go. Not by rushing in to rescue anyone from pain, but simply by shining the light of joy into the world to keep others smiling and positive. No longer using self-deception to do this, but intrinsic wisdom, empathy, and the sheer joy of being free.

MIRRORS OF EXISTENCE & JUNG

Osho said, "*There is nothing outside you that is not you.*" Believe it. Everything in our world is simply a mirror of Existence, but the human condition causes us to view them as something quite separate from us. Apart from the, now rather clichéd, aspect that we are all mirrors for each other, what is there to discover when we apply that mirror to everything else in our world?

There is nothing outside you that is not you. The cycles of the seasons are a mirror of our life and death cycles. Does a tree only live for one year, one cycle of the seasons? No, trees live on for years and years, continually cycling through summer, autumn, winter and spring, and each little death in winter is inexorably followed by a new life in springtime. Whole universes die as they collapse into black holes, but as they fall in on themselves, they are pushed out through the other side and are born again through the birth canal of a white hole. So it is for we humans, on the cosmic wheel of death and re-birth.

Sub-atomic particles interact by attraction. As they come together they may clash, deflecting or completely destroying each other. Sometimes, however, they combine and form a completely new unit of energy. Our human relationships are just the same. Carl Gustav Jung said, "*The meeting of two personalities is like the contact of two chemical substances: if there is any reaction, both are transformed.*" And the biggie. Sex. The human orgasm, no matter how wonderful, no matter to what great heights it may take us, is merely a tiny, tiny fraction of the ecstasy available to us when we finally make the great surrender, joining with, and melting into, Existence itself. Everything is simply a metaphor for everything else

In the world in which we live, our greatest challenge is to see through duality. It seems that everything is in opposition and we are constantly forced to choose. Just when everything is going well, disaster strikes, and we feel we are constantly in a state of turmoil, going round and round in a maelstrom. When we think about maelstroms or cyclones, where is the calmest point? The very, very centre. So, when we surrender and stand in the very centre of our personal maelstrom, loving and embracing all that it brings to us, rather than constantly fighting against it, what might happen? We just might find the peace we've been seeking for so long.

This is the planet of choice, and we came here to experience being in linear time and making choices about how we spend that time, with whom we spend it, what we do and how we do it. When our world seems turned upside down, here is a chance to look deeper at the choices we have made in the past, to see if they have served us. If not, why on earth would we make the same choices again? Time to stop resisting what arises and look a little deeper than before. Our greatest fears always hold our greatest gifts.

In the Aura-Soma Bottles we also see duality reflected. The two fractions contain either oil or water which usually repel each other. When vigorously shaken together, however, an emulsion results which then becomes a catalyst for change when we apply it to our body. Using an Aura-Soma bottle is an opportunity to lovingly embrace all we have resisted in the past, in order that we can enjoy the gift of who we truly are.

Cycles, seasons, sub-atomic particles, orgasms, maelstroms and Aura-Soma: Osho said, "*There is nothing outside you that is not you.*" Believe it!

THE REIKI PAGE

From time to time, all Reiki practitioners should question why they were led to take Reiki Attunement. It's good to re-focus ourselves on what is driving us. Is it a deep wish to assist others? So many souls out there who need healing? Born to be a rescuer? If you answered 'yes' to any of these questions, then it's definitely time to think again.

The original, and still the absolute essence of Reiki, is that it was given to us to heal ourselves! This is so difficult for many of us to truly grasp, as our culture encourages us not to be selfish and to always put others first. The thing is, however, that when it comes to "healing" if we ain't right, then they ain't right!" No one can possibly help another unless they themselves are as balanced as they can possibly be, in that moment. This doesn't mean we have to be "perfect", but as clear, grounded and flowing with energy as we can be.

With Reiki, it isn't possible for us to simply put on our Reiki Hat for healing, and then be something completely different for the rest of the time. In Reiki, we need to meet always, in truth. Not being "so heavenly we're no Earthly good", but being grounded, practical and fully connected to Source. It can be no other way.

So, how to achieve this elusive state of balance and wholeness; this state of groundedness, clarity and flow? Self-Reiki, pure and simple. If you have nothing else in your daily spiritual practice, have this. It's so simple and quick to do. You don't even have to get up on chilly mornings, or sit upright with a sore back! This is one spiritual practice that is performed better when lying down. Before you go to sleep, self-Reiki; before you get up, self-Reiki. Either, or both if you can manage. The more frequently you practise, the quicker and more effective the practice becomes.

At bedtime, self-Reiki helps us to relax physically and mentally. It aids sound, restful sleep and opens us up to cognitive dream states. Performed in the morning, self-Reiki gives us the *best* start to the day! With regular practise, we begin to find that now our days have flow and harmony, that we don't get so annoyed with events or people, that we have more time and more patience. So, did all these things change? Unlikely! No, through self-Reiki we simply find it easier and easier to remain balanced, no matter what our day may bring. In effect, the things are the same but, of course, it's we who change.

Just as a reminder, here are the basic hand positions for self-Reiki. For those who didn't take Reiki 1 with me, the positions you learned may be a little different, but they will be just as effective, so use the positions you are most comfortable with.

SELF-REIKI PREP & PRACTICE

(with practise, you will be able to prep very quickly but if this is new to you, then don't try to rush it, just savour the experience of learning something new, and the rest will follow.)

- Ensure you are warm/cool enough and are well supported with pillows and blankets etc.
- Take 3 deep, cleansing breaths, and then just breathe deeply and slowly, using the belly as a gentle bellows to inflate and deflate the lungs, and breathe both in, and out, through the nostrils. (Breathing out through the mouth is cleansing; breathing out through the nostrils is relaxing.)
- Visualise the Earth Star beneath your feet and connect to the centre of the Earth. (The Love from Beneath.)
- Visualise the Soul Star above your head and open to Source. (The Love from Above.)
- Feel the Earth energy rising in sparkling, rainbow faceted light, spiraling up into your heart.
- Feel Source energy falling upon you as sparkling, rainbow faceted light, spiralling down into your heart.
- Feel your cells radiate with Divine Light (the Love from Within.)
- Feel these energies combine in the heart, then flow down your arms and out from your palms.
- The use of colour is optional, but definitely adds to the process.
- Reiki 2 Students can also use symbols at each Chakra.

SELF-REIKI HAND POSITIONS

Hold each position for a few minutes. Use your intuition to feel when it's right to move.

- Place both hands over the genital area or the tops of your thighs. Feel (red) energy in your palms begin to flow into the Base Chakra and surrounding physical body, legs, hands and feet.
- Place hands on the abdomen, feel (orange) energy flowing into the whole belly area.
- Move to Solar Plexus. Feel (yellow) energy flooding stomach and all organs between heart and waistline.
- Move to Heart. Feel (green/pink) energy flowing into your heart and lungs.
- Place one hand on front of throat and one at back of neck. See (blue) energy flowing from your palms into throat area.
- Place one hand on forehead and one at back of head. See (Indigo/Royal Blue) energy, flooding into a band around the head, (like a thin bandana) and into the brain.
- Place both hands on top of the head, leave a small gap between little fingers. Feel (violet) energy flooding into top of your head.
- Place hands over ears
- Place palms directly over eyes.
- Relax hands down, be aware that your whole bodymind is relaxed and all chakras are spinning gently, full of light and in perfect balance and harmony.
- See the Chakras spinning in light, expanding, merging and flooding your whole body, as you now become a column of pure, divine light energy, fully grounded, fully connected.
- If using colour, see a soft light-Magenta cloud surrounding your whole body and know that you are, unconditional love and unity.

FULL MOON HEALING each month, with Pia at Kingsley, Sunday 28th April 7pm - 9pm. Full Moon in Scorpio is when our inner warrior or demon comes out, lets focus on our spiritual warrior within to guide us through our own ego blocks and fears. This is the truth or dare Full Moon; a time to honour the transformative power of truth-telling and a very intense Full Moon to put into action, (through release,) the goals you set. Since Scorpio demands depth and fearlessness, this look will have to be brutally honest. If your goals require a change of mind, of heart, and/or of action, this is the night to successfully tackle fears that could impede the ability to fully embrace change. Scorpio seeks deep truth by peeling back layers of lies and half-truths—within us and without us. This is a Full Moon to see things as they truly are, not as you wish them to be. So meet the challenge of this Full Moon in Scorpio. Go deep enough to face the underbelly of your life, your goals. \$25 **Ph: 9309 2891.**

ART COURSES with Paula Bradley

1. Silk Painting. The next course begins **Sat 17th May** 2008 running for **6 weeks**. *First two classes are a must, to learn all the basic techniques.* **9am - 12.30.**

All materials supplied. \$100.00 for first two classes, plus \$12 per metre of silk used. *Sign up for all six weeks to get \$50 discount.*

2. 'Creating Your Life in Balance' - 9 week course. **starts on Tues 15th April**, 6:00pm - 9:30pm.

This really is an amazing course. \$495. (\$200 deposit to be paid up front and the remaining can be paid in instalments.) All materials included.

Paula: 04 0582 0827

Paula's sister **Dawn Meader** a very caring and intuitive artist, is visiting from the USA where she now lives. She is only in Perth for a very short time, so don't miss her very delicious workshops. Call **Paula on 04 0582 0827** or visit Dawn's website, for all the info on all Dawn's Perth events.

http://www.dawnmeader.com/Home_Page.html

DATES WITH LEE-ANNE MILES at High Wycombe **Monthly coffee mornings** for our New Age children and their parents. No charge, tea and Chai supplied. Please bring a plate of food to share.

Meditations \$5 per session; guided meditation with spiritual gifts training (clairvoyance, clairaudience, healing etc)

Monday evenings 7.30 - 9:30pm

Wednesday mornings from 9.45am - 12:00pm

Bookings are required for both events please.

Lee-Anne 04 0312 3077 or email caerwen@iinet.net.au

JOURNEYS WITH SOLUNTRA KING

1. CENTRAL AUSTRALIA - SEPTEMBER EQUINOX. FROM 4pm SUNDAY 21st SEPTEMBER - TUESDAY 30th SEPTEMBER *Eleventh Gate Anchoring at Uluru, Second Sun, Ra Light, Inner Earth Connection at Kata Juta, Central Sun Day at Kings Canyon, Central Australia.*

2. JOURNEY OF THE SECOND SUN AND RA LIGHT

MEXICO 10TH - 22ND JUNE 13 days

3. JOURNEY OF THE DIAMOND LIGHT THE NEW LIGHT

MATRIX. SOUTH ISLAND, AOTEAROA, NEW ZEALAND 10th

DECEMBER - 18th 8 days 9 nights

More Details & Bookings:

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EVENSTAR CREATIONS www.evenstarcreations.com

PO Box 11 Whakatane 3158, Bay of Plenty, New Zealand

PH/FAX +64 (0)7 315 8355 Mobile +64 (0)212 967 517

TWO COURSES with HELEN ALAYA PARISH

1. Lessons of Light - Joining the Dots

Cost: \$180 per weekend, pay as you go.

It may still be possible to join in this course. Call Alaya to check.

2. Inspired Living - a series of self-awareness and personal development workshops, helping individuals make conscious choices by developing greater self awareness.

Dates: 3rd Saturday of each month for 6 months

beginning Saturday 26th April

Times: 9:00am - 5:00pm each day

Venue: viVacious Living Centre, Applecross

Cost: \$80 per workshop, pay as you go

Alaya Mobile: 04 1320 6333 Email: alaya8@optusnet.com.au

INITIATION AND TEACHING OF

THE MUNAY KI RITES with Sa & Claudio Silvano

(Munay Ki is a Quechua word meaning "love")

There are nine Initiation Rites, energetic transmissions to assist humanity to create a world of harmony and peace. These initiations will allow us to begin healing the wounds of the past, our childhood, ancestral, genetic and the karmic inheritance we were born with. They are given to us by the Inca shamans, the Laika - medicine men and women who are the keepers of the ancient Rites to facilitate our awakening.

April 19 & 20 (Sat & Sun) 9am-5pm First 4 Rites \$200

May 17 & 18 (Sat & Sun) 9am-5pm Second 4 Rites \$200

27th May (Sat) 7pm (only at night) 9th Rite (final) \$50

VENUE: 4 Rodd Place, Hamilton Hill

More details: www.sacredradiance.net **Ph: 9434 5059**

DISCOVER YOUR SOUL in Central Australia

May 16th - 21st, 2008 5 nights/6 days in the spectacular scenery of the Ooraminna Ranges, 45 mins southeast of **Alice Springs**, NT. *Come to the desert to discover your Soul in the quiet and stillness of this Ancient landscape. Through Colour, Sound and Aboriginal Wisdom, discover your true potential.*

VICKI ENGEHAM - International Colour Teacher

CHRISTINE MORRISON - Sound Healer, Composer

BOB RANDALL - Aboriginal Elder, Uluru

For a detailed brochure: christine@christinemorrison.com

Christine (03) 5562 9316 04 0818 1208 Vicki (08) 8952 7475

LIGHT BODY ACTIVATION with Soluntra King

SAT 6TH & SUN SEPT 2008

AT KOOKUBURRA CREEK YOGA CENTRE, BEDFORDALE

SATURDAY 10am for 10.30am start to 6.30pm

SUNDAY 9.30am for 10am to 6pm

From Soluntra: "We are now experiencing a huge paradigm shift and our bodies are awakening into our divine essence as we expand our awareness and go deeper into the stillness and peace within and through the crossover point of the Galactic Centre, as we align with the Central Sun. In these two days we will be working with the new light codes by inner unification, transmutation of duality and the illusion, activation and integration of the higher light octave chakras, light bodies, energy bodies and DNA, the Matrix of Light and embodiment of our multi-dimensional selves. We will be working in the stillness and void through the Galactic Centre and with the New Earth and dimensional doorways within your being and the Earth. Gaining awareness of the Central Sun and RA Light and Holograms of your love as the multi-dimensional being you are.

COST \$350 (includes both days, "Light Code Activations" book, notes and Mandalas.) **Deposit req: \$100 by August 15th**

please Early Bird Special if paid in full - \$335.

Bookings: soluntra@evenstarcreations.com or

Tricia 08 9354 7363 (Perth). By **AUGUST 15th** please, so

Soluntra can have all books, mandalas and handouts ready in good time. More info, books, journeys, paintings, mandalas etc

www.evenstarcreations.com

