Our Colourful Fimes Colour Resonance Newsletter

NUMERICALLY SPEAKING

Being in the year 2008 means that, from 1st January, we moved into a Global '1' year. (2+8 = 10 = 1). This means that there will be lots of opportunities for new beginnings - in every aspect of life. The global energy will temper whatever is in our personal numerology for 2008. I know that many of you who receive this Newsletter will know how to find your personal year number, but for those who don't, here's how.

Add the day and month of your birthday to 2008, ignoring any zeros. For instance, my birthday is 20th August or 20.08 so those numbers are added to 2008 ie 2 + 8 + 2 + 8 = 20 = 2. It's quite significant that my birthday mirrors the year because it means that all the potentials are doubled!

Our personal year number doesn't take effect until our birthday each year so, from now until August, I'll be under the influence of a 1 global year and a 1 personal year. After my birthday, I'll still be under a 1 global influence, but will then have a personal year influence of 2.

The number 1 in Aura-Soma, relates to bottle **B1 Blue over** Deep Magenta 'Physical Rescue'. This bottle is a virtual panacea for all ailments as it's a great pain reliever. It combines the Blue of Peace with the Universal, Unconditional Love of Magenta. It's immensely soothing for our physical bodies but, beyond that, it's working as a wayshower to prepare us for the new DNA light codings coming in. Just recently, as we saw on the news, a young liver transplant recipient who took on the blood type of the liver donor, completely changing her own blood and immune system, aute naturally and without any medical aid. This means the transplanted organ was completely accepted by her body and there is now no fear of organ rejection. A truly wonderful new beginning for this young girl. (This is the stuff of which Kryon speaks. We really have no idea of what we are capable. As we awaken the DNA codings that lie dormant within us, our bodies will respond accordingly.)

Globally, this year, we can expect to see more and more progress with the structure and operation of our bodies. Not only will more cures be found but, explanations as to why things go wrong in the first place. 2008 may well herald the beginning of a greater acceptance of alternative practices as we move closer to a truly holistic approach towards health and well-beina.

Just as **Bottle B1** holds the potential for removing pain, so this 1 year also holds the same potential. We will see new efforts for Peace in the middle east; with new steps to ease the pain of past conflict. Globally, all humanity is becoming ready to be more in the now, rather than dwelling on old issues. It's the same for us personally; time to move on, leaving hurt behind. Even the time of Karma is ending. We are evolving so rapidly now, that there is no time to keep dying physically to clear imbalances. We are learning to renew ourselves in the now, to begin a new life without a physical death.

New beginnings, new hope, new paradigms. It's going to be a wonderful year!

WA ssue 73

JAN-FEB

2008 PERTH COURSES with Vicki Engeham Aura-Soma Level II (Intermediate)

Saturday 23rd - Thursday 28th Feb, Rossmoyne. Vicki has kindly offered to run this course for me, as I know some of my Level ones have been waiting ages. Please don't miss this opportunity. Level 2 shows how Numerology & Astrology play their part within the Aura-Soma Colour Care System. I will be Vicki's teaching assistant, and I'm looking forward to being with you again as you take this next fabulous step with Aura-Soma. If

you've already completed this course and you'd like to re-connect, re-sits are only \$200.

Perth Co-ordinator: Tricia Rigo 04 0964 8827

AURA-SOMA COURSES with Linda **AURA-SOMA LEVEL I (FOUNDATION)** Sat 29th March to Thurs 3rd April 2008 inclusive, (6 days) 9:30am—5:30pm daily \$600 Venue: Rossmoyne. Apart from learning about Aura-Soma, this course is a wonderful opportunity for you to unfold a little more on a personal level. No pre-requisites. **Open to** *everyone*. Content includes: the basics of Aura-Soma. Colour formation through primaries, secondaries and tertiaries; hidden colours; missing colours; complementary colours; the two fractions; the four positions; how to give a bottle reading. Also, Pomanders, Quintessences, Colour Essences and Archangeloi Sprays. Certificate Course. \$600 (\$150 dep with registration.)

Perth Co-ordinator: Tricia Rigo 04 0964 8827 or Linda 07 3878 5953 04 1331 1208 linda @colourresonance.com.au

YOUR BIRTHDAY BOTTLES with Linda Sat 5th April 9:30am—5:30pm \$60 Venue: TBA By request! Many people have asked me to present this course again as they missed out last time. No experience needed. You don't have to be an Aura-Soma student or practitioner to attend. Discover the energies that were present on the day of your birth and how they have played a role in your life. We see the challenges faced but, more importantly, the gifts which perhaps have not all been discovered, even now. This is an opportunity to open to those gifts. You brought them with you and you have more than you know! This is a great way to work with Aura-Soma but it's *open to ALL*. There's no need to be an Aura-Soma practitioner to take part! Contact Linda

OUR MULTI-COLOURED CHAKRAS with Linda Sun 6th April 9:30am—5:30pm \$60 Venue: TBA No experience needed. *Open to <u>all!</u>* This is *not* an Aura-Soma course in essence, although it can certainly be used with the Bottles. As we know, each of the 7 main Chakras, relate to a specific colour but, what is often not realised, is that in every Chakra, *all* colours are present, it's just that one is dominant. In this course, we explore what part each colour plays within each of the other colours within the Chakras, ie Red's role in the Throat Chakra, Green's role in the Brow Chakra, and so on. This is a day to delve a little more deeply into Colour and expand both your knowledge and awareness of the amazing vibrations of colour and light that are within us. Contact Linda

Aura-Soma Level III (Advanced) April 2008 (Residential) with Vicki in Dunsborough- please see page 6 for details

COMPLEMENTARY COLOURS

Last year we looked at the 12-colour wheel from the perspective of firstly the primaries, secondaries and tertiaries. For the first half of this year, we'll be looking at the role of complementary colours in both Colour Therapy and in Aura-Soma[®] readings.

Complementary colours are those which sit opposite each other on the 12-colour wheel.

RED & GREEN

These two colours have a great deal in common, but they work very differently. For instance, both colours are grounding, but whilst Red really brings you back to Earth pretty solidly, and often with a bit of a "whump!", Green is much softer and grounds us far more gently, connecting us to the loving energies of the Earth Goddess, Gaia.

There is no doubt that Red, (and the Aura-Soma Deep Red Pomander in particular,) is great for bringing recalcitrant space cadets back into their bodies, but Green is much more appropriate for very sensitive souls, especially children. This is why Red, and all strong, bright colours, are best *not* used in childrens' bedrooms. Their play areas can be as bright and colourful as you like; also toys and day clothes. Sleepytime areas, however, need to be soothing and gentle in order to induce a relaxed state. Virtually all pastel colours work well in bedrooms, including pale Green.

Red and Green are also both about money but, again, they hold different aspects. Red reveals ambition, competition and a driving need to succeed around money. This may well be because there has been an early life full of real struggle to make ends meet, where there was no room for luxuries or waste. A negative Red influence may cause struggle to have integrity around money. Stark ambition causes a burning desire for material things, for an elevated position in business or society and, of course, the power and influence that goes along with them. All of the attributes of both Red and our Base Chakra, are quite challenging, but the strength in Red can is actually what will help us hang on to our integrity. It may seem so much easier sometimes, to take the quick and easy road to riches rather than the one of sheer hard work, but when we choose an honourable path to success, our rewards are far more immense because the power of a positive, well-balanced Red influence is absolutely unstoppable.

Where Red is all about struggle, Green is much more about acceptance. Red will try to push through no matter what, and that's often its gift to us, but the more relaxed Green, on the other hand, helps us to know that there is a time to reap, a time to sow, and a time for every purpose under Heaven. In Red we learn tenacity - how to hang on through all adversities. In Green we learn how to bide our time and be patient. Red never has any time - Green is completely at one with it.

Despite its strong links with the natural world, Green is often referred to as "the colour of money" because of the American dollar. (*The bills are black & white on the front and green on the back—hence the term "greenback". It's the most widely accepted cash currency in the world.*)

Being the colour of balance, Green works harmoniously around all aspects of abundance, especially in Nature. Fields of waving green grain waiting to ripen are also a symbol of abundance, reflecting fertile soil and perfect weather. In these conditions, farmers can expect a good return on the hard work they put in months of ploughing, seeding, watering and, finally, harvesting. It still requires work, but here it's about working with the cycles and seasons of Nature. This lends a much softer, gentler quality to the aspects of Abundance and reward. Whilst Red is all about "what can I get?", Green is about gratitude for what we already have. These two complementaries also represent the twin aspects of Divine Masculine and Divine Feminine. Although we see the Chinese Yin Yang symbol depicted mostly in black and white, it's also often seen in Red & Green. The two colours represent our masculine (Red) and feminine (Green) natures, with each half of the symbol containing a dot of the opposite colour. This reminds us that in every male is a female aspect and in every female is a male aspect. When in harmony, they provide balance.

In the west, Red & Green represents everything to do with Christmas and the ancient winter observances. The holly, with its shiny green leaves and bright red berries is one of the few shrubs to stay green in the cold northern winters. Green winter trees and shrubs have long been regarded as representing everlasting life and hope. The Red holly berries represent blood; either simply as a life-force or, for Christians, the blood Christ shed on the cross.

A new cultural use of Red & Green came about in 1966 when an American university professor, Doctor Maulana Karenga, created a holiday for African-Americans called Kwanzaa, to help them reconnect to their origins. In the Kwanzaa ritual, seven candles are lit; three green candles on the left, representing the hope of Africa for peace; three red candles on the right, representing the blood that has been shed; and a black candle in the centre to represent the African peoples.

Usually our Red issues are very basic and will usually be around family, work and sex. Red is all about passion and needs, and Green is about love and harmony. If we don't get what we need or, someone takes what they need from us, then we fall into disease and both Base and Heart Chakras suffer. If we are too busy just trying to survive and do nothing but work, work, we become *incredibly* stressed. As our blood pressure (red) rises, our heart (green) takes the toll. The balance to working hard (Red), is time, (Green) and how we use it. We can become SO grounded with all our practical "doing" that we actually become guite stuck and barely have time to breathe, let alone take a walk in Nature. "Hard work never killed anybody" is no longer true, but simply learning to breathe slowly and deeply is a great stress reliever. Once we learn to balance our needs (Red) and our time (Green), our stress levels come back to a much safer reading; our bloodpressure falls and our heartbeat slows to a healthy rate.

When we are busy, busy, doing, doing, with no time to spare, it also means we have no time to sit quietly to make decisions (green) about the direction (also green) we want our life to take. We can also get caught up in what we *don't* have (red) and this leads us to strive even harder for those extra dollars (red) Focussing on what we don't have, results in frustration (red) and jealousy (green), especially when others around us appear to have everything we don't. Red and Green both have the negative emotion of blame; Red gets angry and Green gets bitter.

Finally though, let's not forget that Red is also the colour of our First Awakening, when Kundalini rises from her slumber and begins her ascent to freedom. During all the trials and tribulations we will go through as she completes her journey, we will find it all SO much easier with a balanced and open heart, and the ability to rest in the breath.

When I was studying colour with Noëlle Leven, she continually stressed to us the importance of using complementary colours in our healing practice. When we are healing someone with specific Red issues, therefore, we also need to treat the Green area and, vice-versa. Sometimes, just doing that will bring all of the Chakras and Subtle Bodies back into alignment.

These are just a few of the complementary aspects of Red & Green. Next month, we explore the complementaries Coral & Turquoise.

COMPLEMENTARY AURA-SOMA® BOTTLES

There are several pairs of bottles in the Aura-Soma range that are transposed, two of them being the Red/Green, Green/Red combinations. The biggest struggles revealed are usually; masculine/feminine identities; what we want to do and the time we need to do it and, balance between the material and the natural worlds.

B27 Red over Green "Robin Hood" This bottle is one we refer to as "upside down", in that, the Red (Base Chakra) appears above the Green (Heart Chakra). Usually, of course, the Red would be below the Green. In this bottle, therefore, the Red issues and personality will dominate the Green aspects and this may not be working in our best interests.

This bottle often reveals exactly the issue discussed on the previous page, around being too busy to find space to include more nurturing things in our lives. The urge to get things done, becomes so intense that we feel as though we can hardly breathe; there is simply no time to love ourselves and to be with Nature. We fail to appreciate all the other kinds of abundance, apart from material possessions and position, that surround us.

B27 is often picked by those who go into bat for others, (just like Robin Hood.) Someone who take up a challenge on behalf of those who are less able to deal with authority figures - really operating in our masculine energy. It is, however, a bottle that clearly shows the necessity for softer, less aggressive, activities to provide balance, and not let anger and frustration dominate.

The challenge of this bottle is to work more with the Green energy of the heart, letting the feminine side flourish. More time is needed for the things and the people that we truly love. We may see either a person who is a dominant force or, if it appears in the second position, one who lets others overwhelm them. One of the gifts of working with this bottle is, we come to realise that inner strength is more nurturing than outward force; that only a really grounded person can operate from the heart without being overwhelmed by misplaced emotions and, that "assertive" does not have to mean "aggressive".

B28 Green over Red "Maid Marion". This bottle is "the right way up" and generally reveals someone who has found the balance they need in life; their Heart is uppermost, and they are completely grounded. B28 shows how we can use our inner strength to support our passions and still follow them with a balanced and harmonious heart. Generally, someone who chooses this bottle will still be passionate about the welfare of others, but may be more of a supporter than a leader (Like Maid Marion.)

When it appears in the second position, the challenge of this bottle may be to overcome a nature which is too conciliatory; also, not to be jealous of those who appear have more than others. The gift of this bottle is to help us realise that we need to stand up for what we want instead of keep letting others do so for us. When we constantly choose to hide and not be seen, when we don't follow our heart, it has an immense drain on our physical well-being. We become tired and listless, with no energy or enthusiasm for what needs to be done. The gift of this bottle is to help us let some of that Red energy below to rise up and support us with its power and stamina and, to know that we can do this without burning anyone in the process!

HEALING WITH COMPLEMENTARY COLOURS

This is a very brief overview of using Red/Green complementaries in colour healing. All silks should be clear colours. Muddy, murky shades will not do. This type of treatment requires approx 1hr.

When the base Chakra is out, the whole lower pelvic area (and even legs if necessary) can be wrapped in red silk, with red crystals in a pattern either under or over the silk. A Red light filter can also be shone directly over the Base Chakra. Depending upon the degree that the Chakra is out, it will need to be in place for 30-45mins. If the person is also ungrounded, the feet can be wrapped in Deep Red or even Brown silk with a large piece of deep red jasper or petrified wood between the feet.

At the Heart Chakra, the whole chest area is wrapped around with an emerald green silk with green crystals in a pattern under or over the silk. During the last 15 mins or so of the hour, the colour filter can be changed to green and the light shone over the heart chakra.

If, on the other hand, the Heart is the main Chakra to be treated, then although the placement of silks and crystals would be the same, the light would be shone for the majority of time over the heart, and then for 15 mins or so over the Base.

With this method of healing, once the main and complementary colours are in place, a full body Reiki healing can also be given. Colour therapy healings can also be complemented with colour breathing and colour diet.

NB Black silks and crystals are not recommended for this type of healing except at the feet but, even then, deep red silk, garnets and red jasper will usually do a much better job.

Soluntra's new book! <u>COSMIC EVENTS FOR 2008</u> Soluntra has long published upcoming cosmic events on her

webpage, giving great information on stargate openings and alignments, sun alignments, sun conjunctions, solstices & equinoxes, moon phases and eclipses, plus many other cosmic happenings, including Mayan calendar correspondences. All of this information is now available in book form, giving cosmic events for the whole year. Order direct from Soluntra \$35 0011 64 7 315 8355 soluntra@evenstarcreations.com www.evenstarcreations.com

PO Box 11, Whakatane, Bay of Plenty, New Zealand

AURA-SOMA ANNUAL CONFERENCE 2008 FRIDAY 25th & SATURDAY 26th APRIL PUBLIC OPEN DAY - SUNDAY 27th APRIL 2008 Watermark Hotel & Spa, Gold Coast, QLD

The Conference itself runs over Friday & Saturday. All Aura-Soma students, practitioners and teachers are encouraged to attend. There is always so much to learn and it's great to connect with some of the Aura-Soma family from other states. Learn new ways to use Aura-Soma, and be brought up to date with the latest product news. Attend mini-workshops presented by other Aura-Soma teachers and practitioners. Do give this some serious thought, as these conferences are SO valuable. Come with a friend and share accommodation costs!

At the Public Day on Sunday, everyone is welcome and there will be lots of colourful stalls selling wonderful products and, lots of Aura-Soma readers.

CONFERENCE BOOKINGS AND INFORMATION: Harry or Marg Simon PH: 02 9541 1066 simon@aura-soma.com.au

THE REIKI PAGE

The influence of this Global 1 Year is a great time to review our lifestyle, career, relationships and, our healing practices. It may well be a time for new beginnings in our Reiki practice, to review what we do and how we do it - or, how we don't! It's so easy to lose touch sometimes and before we know it, an awful lot of time has passed without giving any Reiki treatments at all. Perhaps it's time to dig out the manuals again or, do a refresher course; perhaps it's a time to have the courage to use your Reiki in a new way? Reiki was never meant to be static, rigid and non-evolving.

For several years now, more information has been received about the true life story of Mikao Usui (Sensei) and how Reiki was founded in Japan. This new information is about a far more simple, intuitive and heartfelt Reiki that holds none of the rigid musts and mustn't of the old western teachings. Sensei Usui was, in fact, a simple man. He was a Tendai Buddhist, a laymonk who had a wife and two children and lived a normal life, outside the monastery. Once he had had his life-changing experience on Mt Kurama (Kurama Yama), he began to use and share his new knowledge of this energetic healing.

And it *was* energetic. We now know that, initially, no hands were used at all and no symbols. Gradually hand positions were applied, and these varied from treatment to treatment. Sensei also used tapping, blowing and staring. From the beginning, he taught that the development of the individual's own skill in sensing, connecting to and directing the flow of Divine Energy, was far more important than anything else.

A simple man, with a simple method. How far we travelled from that! The blessing of our modern technology, however, is that once the true story of Reiki was known, it spread very quickly. This time, there was tangible evidence, such as Sensei's grave marker, his original manual, and the school he founded which still exists today. So now, we can come back to simplicity again. A new beginning for an old modality!

Sensei had his experience on Kurama in 1922 and died suddenly in 1926, so he didn't have a great deal of time to develop Reiki. His task was to bring Reiki to the world. That done, his task was ended, and it was then up to others to nurture it's evolution. It's highly unlikely that anything that comes to us through interaction with Divine Energy would remain static. As we evolve, and our understanding deepens, it makes complete sense for our healing techniques to evolve also. An English Reiki Teacher, Taggart King, also encourages us to "Feng Shui our Reiki". In the same way that we use Feng Shui to keep the energy of our homes constantly flowing free and clear, he says we should apply the same principles to our healing practices. This makes immense sense. Why would we continue to use something that no longer works for us and which, in truth, never did. So let's take a fresh look.

If you began your Reiki practice before the early 2000s, it's quite likely you are operating with an unnecessarily restricted technique. When I first came across the true story of Reiki, my cells rippled in response and I was tingling all over! Intuitively, I had never been satisfied with the story as previously told. It always felt flat. (No cellular ripples at all!)

There's no need for us to vilify Madame Takata. After all, she was the catalyst for bringing Reiki to the west. For that alone, she deserves her place in Reiki history. The sad thing is that because of the political climate in America, she sanitised the story to make it more palatable and this resulted in a beautiful modality being founded upon hugely misleading information. That has now been corrected, and most Reiki teachers, on hearing the new information, have made it their business to find out the true account of the life of Sensei Mikao Usui and the birth of Reiki so that they can teach their students accordingly.

At one time the school in Japan would not speak with anyone from the west about Reiki, but, thankfully, that time has also passed. In recent years the school has shared a great deal with western teachers, including Sensei's manual and the practice of giving regular Attunements.

When I learned of this, it rang all kinds of bells with me and just before the Reiki Teacher Training Intensive I ran last year, I was guided to give the student teachers an Attunement every day. This is not usually the case so I was a little hesitant, but the push was too strong to resist. The course ran for 5 days and, each morning the Attunements took place. These multiple Attunements resulted in one of the most beautiful and moving courses I have ever given. The students and myself would go through the entire Attunement process each day with tears of pure joy running down our faces. Divine Presence was absolutely tangible.

We have moved into this 1 year as evolving beings with evolving healing practices. We are truly blessed. (this is not the Yoga Now Studio where Wed evening events happen!) For more info: Sudeva or Subhi 9314 1054 www.songoflife.com.au

AURA-SOMA LEVEL THREE (ADVANCED)

with Vicki Engeham *Please note: this course is <u>residential.</u>* DATES: Sat 5th April - Thurs 10th April 2008, inclusive TIMES: 9:30am—5:30pm each day VENUE: Birdsong B&B, Dunsborough, WA

COST: \$930 includes tuition, accommodation, lunch and dinner each day. Breakfast is BYO/DIY.

The pre-requisites for this course are that you have already taken Aura-Soma Levels I & II and <u>submited a 2,000 word essay</u>, to your Level 2 teacher ahead of the course. Paula Milner: 08 9756 6602 04 1792 3374 dpmilner@iinet.net.au *Registration is open*!

SA & CLAUDIO SILVANO - "SACRED RADIANCE"

QUEST FOR SUPRA'S ORB - begins Sunday 24 Febl Other offerings include: CHANT & CHAI, SWEAT LODGES, MEDITATION MONDAYS, HARMONIC VOICE TRAINING, REIKI TRAINING, PERSONAL HEALING SESSIONS WITH SA OR CLAUDIO, TRAININGS AND WORKSHOPS. VENUE: 4 Rodd Place, Hamilton Hill Sa or Claudio 9434 5059 www.sacredradiance.net

COURSES WITH ALYSEA MCARTNEY

- How the Hebrew letters come together with the Aura-Soma Bottles,
- Numerology, Reflexology, Chakra Meridian tracing,
- Soul Dreams Seven Steps to Transformation-Astrology. Alysea (08) (04) 1893-3156 (08) 9454-7595 alysea@bigpond.com www.colourinu.com.au

SESSIONS & EVENTS with Claire Belton

At Vivacious Living Centre, Applecross <u>Monthly Global Peace Meditation</u> First Tuesday of each month. 7pm-8pm FREE! <u>Coaching</u> Business, Life, Workplace <u>Meditation for Busy People</u> \$100 <u>Breathwork</u> for clearing and healing 04 0890 9779 <u>clairbelton@bigpond.com</u> VIVACIOUS LIVING CENTRE 9/9 RISELEY SQUARE, APPLECROSS

Discover your Soul in Central Australia

May 16th – 21st, 2008 5 nights/6 days in the spectacular scenery of the Ooraminna Ranges, 45 mins southeast of Alice Springs, Northern Territory. *Come to the desert to discover your Soul in the quiet and stillness of this Ancient landscape. Through Colour, Sound and Aboriginal Wisdom, discover your true potential and find your real self.* **VICKI ENGEHAM** – International Colour Teacher **CHRISTINE MORRISON** – Sound Healer, Composer **BOB RANDALL** – Aboriginal Elder, Uluru For a detailed brochure: <u>christine@christinemorrison.com</u> *Christine* (03) 5562 9316 04 0818 1208, or Vicki (08) 8952 7475

ART COURSES with Paula Bradley

1. Silk Painting classes <u>start</u> Saturday mornings 2nd <u>February</u> 2008 running for six weeks. *First two classes are a must*, where you learn all the basic

techniques. **9am till 12.30**. All materials supplied. Cost is \$100.00 for first two classes, plus \$12 per metre of silk used. *Sign up for all six weeks to get \$50 discount.* **ALSO**

2. 'Creating Your Life in Balance' - nine week course, starts on Sunday February 3rd, 1.30pm - 5.00pm. This really is an amazing course. Price is \$495 with a \$200 deposit to be paid up front and the remaining can be paid in instalments. All materials included.

TWO COURSES with HELEN ALAYA PARISH

1. LESSONS OF LIGHT - 8 workshops, one weekend per month from March to October 2008, **beginning 8th/9th March**, \$180 per weekend, pay as you go. Answering many questions on the mystery of metaphysics and helping you to "join the dots". This is a totally delicious course. No matter where you are on your personal path, you will get so much from this series of workshops.

2. INSPIRED LIVING - 7 workshops, one Saturday per month from April to September 2008, **beginning 26th April.** \$80 per workshop, pay as you go. Developing greater self-awareness enables us to make conscious choices about the person we want to be, the life we want to have and, the life we want to create. More information: Alaya (04) 1320 6333 alaya8@optusnet.com.au

BHAJAN SINGING - The Highway into the heart Express your passion, be in unison with God, pray for all Beings to be uplifted DATE: 3rd February 2008 TIME: 7.00pm VENUE: YOGA NOW, Unit 6, 5 Hines Rd, O'Connor Entrance: \$ 10 All money goes into the Himalaya Trust, founded by Shanti Mayi.

CHAKRADANCE COURSES with Shirley Tonkin

Bring balance and wholeness to your life through the energies of sound and colour. <u>ALBANY</u> - <u>Chakradance</u> - 9 week course Commencing 7 Feb 2008 6.30-8.30pm <u>ALBANY</u> - <u>Colour Therapy</u> Introduction to Colour 29 March 2008 9am-5pm Registration: 04 0968 8434 stonkin@chakradance.com

NIELL SCHUBERT "INSPIRED HEALTH"

Advanced EFT Practitioner, Hypnotherapy, Massage/Body Alignment, Ear Candling, Inner Child Practitioner, Intuitive Healing. Niell is a wonderfully caring practitioner who is experienced in several different healing modalities. (04) 2250-7201 niell@inspiredhealth.net.au

JOURNEY OF THE DIAMOND LIGHT THE NEW LIGHT MATRIX SOUTH ISLAND, AOTEAROA, NEW ZEALAND

With Soluntra King 1^{st} March – 17^{th} March,

17 days travelling the South Island. Experience the Diamond Light Gateways of the South Island, the dimensional portals and Star Alignment at Castle Hill, Golden Solar Disc and Inner Earth Sun day, the Goddess God union and New Light Grid Matrix, Galactic Centre cross over point

0011 64 7 315 8355 soluntra@evenstarcreations.com PO Box 11, Whakatane, Bay of Plenty, New Zealand or visit www.evenstarcreations.com

COLOUR RESONANCE PRACTITIONERS' CORNER

If you have been a student at Colour Resonance and would like to be included in this Directory, please let me know.

AURA-SOMA TEACHER & PRACTITIONER, NUMEROLOGY, REIKI, JIN SHIN JYUTSU Margaret Tow, Burswood (08) 9472-5353 04 0149 1300 divinelight20@hotmail.com

COLOUR HEALINGS, REFLEXOLOGY, REIKI & WORKSHOPS Jo-Anne Kinnear, "Sunwalker Healing", Mt Hawthorn. (08) 9201 1826 04 19931848

SOUND HEALING WORKSHOPS & COLOUR THERAPY Maxine Getley, Rockingham, (08) 9593 5762

ART/SILK PAINTING COMMISSIONS/CLASSES, AURA-SOMA COLOUR, COLOUR THERAPY Paula Frances Bradley, Fremantle, 04 0582 0827

REIKI TEACHER AND PRACTITIONER Christine Mandakini Sacha, Beaconsfield, (04) 0452-5581

REIKI TEACHER AND PRACTITIONER, MASSAGE & AROMATHERAPY Jana Jensen, **Riverton** 04 3131 6207 jjensen.dacc@iinet.net.au

REIKI TEACHER, REIKI HEALING with channelling of Wisdom and Language of the Heart to move you into the 5th Dimension. Jenny Bertram Hilton (08) 9337 1109, jenny.bertram@hotmail.com

REIKI HEALING, THETA HEALING, REFLEXOLOGY Rada Vlatkovic, East Victoria Park, (08) 9470 2640 arda.vlatkovic@bigpond.com

REIKI TEACHER—ALL LEVELS, YOGA TEACHER 1-1 OR GROUP, PREGNANCY YOGA AND CORPORATE YOGA, BREATH AWARENESS, GARDEN HEALTH & DESIGN Donna Deeley "Simply Sustainable" Hamilton Hill (08) 9337 4701 0413 107 223

REIKI TREATMENTS & TRAINING, VISUAL ART, MASSAGE Jennie Newman, "Art Beyond Boundaries" Bassendean 04 0823 7864 jennien@westnet.com.au

AURA-SOMA COLOUR, EARTH HEALING, WORKSHOPS, COURSES, MEDITATION

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6