

# Our Colourful Times

COLOUR RESONANCE NEWSLETTER

WA ISSUE 70

OCTOBER 2007

## LETTER FROM LINDA

*So here we are back in Brisbane, having arrived in the very early hours of last Tues morning and we're already preparing to leave again this coming Thursday morning! We're off to Jesse & Amanda's wedding in Adelaide. Just a quick trip this time. There was talk of my going straight to Perth after the wedding as we still have many things to do at the house ahead. In the end, however, I really felt I needed some down time in Brisbane before taking off again.*

*The Reiki courses in Perth went marvellously and I feel truly blessed, not only in the way the courses unfolded, but especially for all the gorgeous women who came to take Attunement. There were many tears of joy from all of us as the tenderness of Divine Energy flowed through and around us.*

*In the everyday world, it was one frustration after another. We had planned that Gordon would spend time working on the house and garden at Rhonda Ave while I ran the Reiki courses. It was not to be! We came up against many little hiccups; heavy rain, sick children, their garden gates, and a non-delivered kitchen, printers that wouldn't print, computers that wouldn't compute, thick cigarette smoke in the city malls and, in the middle of it all, Gordon got sent back to Moranbah for several days! All this resulted in an extended stay for both of us in Perth. The blessings though, were that I had the most beautiful Reiki courses ever; we had clear, warm weather for the whole of the last week and, most of the garden now looks great. The kids began to recover from the flu and, our extended stay meant that I could attend Claudio's Equinox Sweat Lodge, which was totally blissful and re-grounded me totally. So it all worked out perfectly in the end!*

*I do hope some of you will be dancing with us in November. Till then,*

*Abundant Blessings of Love, Linda xx*

## DIVINELY DANCING *with*

Dr Patricia Morigan - Creative Dance/Movement Therapy  
Paula McBean - Belly Dancing  
Lillian Haagensen - Sacred Circle Dancing  
Shirley Tonkin - Chakradance  
Linda Graham - Dancing the Rainbow

*"Every subatomic particle not only performs an energy dance, but also is an energy dance; a pulsating process of creation and destruction...without end...For the modern physicists, then Shiva's dance is the dance of subatomic matter. As in Hindu mythology, it is a continual dance of creation and destruction involving the whole cosmos: the basis of all existence and of all natural phenomena." ~ Fritjof Kapra "The Tao of Physics"*

**DATE: SATURDAY 3rd & SUNDAY 4th NOVEMBER**

**TIME: 9:30am – 5pm**

**VENUE: The Chapel, Wollaston Conference Centre, Rochedale Rd, Mt Claremont.**

**COST: \$150** (\$50 deposit with registration please)

**Early Bird: \$140** if paid in full by **12th October**

**Bring a friend** and receive a further \$5 discount if **both** paid in full by **12th October**

### BOOKINGS & INFORMATION:

**Shirley Tonkin:** 08 9881 6027 04 096 88 434

Email: stonkin@chakradance.com

**Patricia Morigan:** 08 9341 4503 04 2294 7069

Email: pmorigan@iinet.net.au

**Book early, with a friend, to get your Earlybird discounts!**

## ETHERIC BODY RESCUE

**1-DAY WORKSHOP**

**SUNDAY 28TH OCTOBER 2007**

**9:30am—5:00pm \$80 Willetton**

**(\$20 discount for those registered for the Dance weekend!)**

In response to many requests, I'm offering this one day workshop to show how to perform an Etheric Rescue. The Etheric Body is the last of the subtle bodies that have been stepped down before the physical body manifests and as such, is also known as "The Physical Template" or "Physical Blueprint". When we experience any kind of shock, the Etheric Body is often jolted out of position and, if the shock is severe or prolonged, it is not able to come back into alignment on its own. The Chakras are anchored within the Etheric and, consequently, are not able to achieve permanent equilibrium whilst the Etheric remains displaced.

Very often in a healing practise, you will come across clients who just cannot seem to come into balance, although they have been to many different practitioners. This is neither the fault of the practitioners nor their practices, but simply that no one has checked, or knows how to check, that the Etheric Body is in place. Using colour, sound and scent in the form of silks, crystals, Chakra Chimes and Aura-Soma, learn how to bring the Etheric back, and anchor it. Full Chakra balance will also be shown, including through Reflexology.

**BOOKINGS:** 04 1331 1208 linda@colouresonance.com.au

## THE TERTIARIES - TURQUOISE

Turquoise is made up of mostly blue, with a little bit of yellow. Like most tertiaries, it encompasses more than one Chakra, and Turquoise has for some time, been assigned it's own Chakra, the High Heart, at the Thymus (*Ananda Khanda in the Aura-Soma system.*)

This colour and Chakra are linked to our immune system and so it was timely that it first began to take hold in the human consciousness on a large scale, at the same time that AIDS began to ravage the world in the early eighties.

Noelle Leven often told us how she worked in the hospitals and clinics in America, using Turquoise light to help stimulate the flagging immune systems of AIDS patients.

Turquoise also touches on the solar plexus (that little bit of yellow), the heart, (because yellow and blue make green, and yellow must travel through the heart to reach the thymus,) The High Heart Turquoise, the throat, (blue) and the 3rd eye (deep blue).

All blues have one main thing in common, the aspect of communication. In medial blue, there is the communication of small groups, in deep blue, there is a more introspective communication with our inner-self. In Turquoise however, it is about mass communication on a global scale. Fast, effective, and able to reach the most amount people in the shortest space of time. This leads inexorably to technology; the internet, mobile phones, PDAs, TV, etc etc. Turquoise is not so much about those who programme computers and invent new technology, but rather about those who like to play with it.

Play is an aspect that fits perfectly with Turquoise, as it's the colour that also aligns with Dolphin energy; playful, spontaneous animals who seem to be always smiling, and who love to work and interact in groups. So we see that Turquoise, quite unlike red or yellow, is much more of a team player; happiest in groups where they need only follow general directions and don't suffer constant pressure and rigid time frames. Once given a basic idea, then watch the Turquoise personality fly. They do not like to conform, but need ample space to "goof off", to play with whatever substance or direction they're given to see what they can do with it. They are totally creative, but only when it's in the aspect of play. Give them a deadline and a heap of pressure and you'll get nothing at all.

Employees at Google are encouraged to combine work and play. It wouldn't be effective in many businesses, but it works perfectly for Google and their employees. Google maintains that juggling, playing guitars, rollerblading and socialising and so on, in brightly coloured offices with access to free refreshments, and lots of opportunity to spark off each others ideas, encourages the creative processes. They interview prospective employees by committee; their basic fringe benefits include first-class dining facilities, child care, gyms, laundry rooms, massage rooms, hairdressing, carwashes, dry cleaning, commuting buses. Almost every project at Google is a team project, and teams have to communicate. Each staff member is expected to e-mail a snippet once a week to their work group describing their week. The whole workforce has a weekly assembly to share info, questions and answers. All in all, shining example of Turquoise at work! And it does work. Google is one of the most successful companies this decade and still expanding!

The opposite of this is the negative Turquoise personality. One who can't or won't join in any group activity; who fears or despises technology; who needs rigid boundaries and timeframes, even when none of this is serving them well. Artistic pursuits, or surfing the net, will be seen simply as a waste of valuable time.

Another aspect of Turquoise is how it relates to the child within each of us. It's our playfulness, our child-like innocence and our sheer joy of being in the moment, as only children and animals can be. When we have no creativity evident, when we find it hard to relate to others, to work or play in a group and when there is no spontaneity in our life, then we need to take a closer look at our childhood. Sometimes, Turquoise can reveal the "lost child"; one who is always on the fringes, not really wanting to be on their own, but not knowing quite how to join in with others. This leads to an isolation that is very difficult for the creative Turquoise child, and their natural spontaneity and creativity will slowly die when it's not nurtured. As an adult, they will always be the ones to say they can't paint, draw, sing, play, act, write or dance. The thing is for these lost children (as adults), is to realise that they don't have to do any of these things *perfectly* but simply enjoy having a go! (*I know at least three people who have taught me in art, dance and sound, who will be smiling broadly when they read that!!*)

Another aspect that Turquoise reveals, is a link between all the Timelines of human civilisation. It represents Lemuria, Atlantis, the Mayans, Tibet and Native American Indians. In Aura-Soma readings, when Turquoise appears in the lower fraction of the first Bottle, I have often found that this person has some karmic link to Atlantis which they have come to clear once and for all. (We know it's once and for all when the same issues come up more strongly, again and again until they are so in your face that there is absolutely no escaping them!!) The complementary to Turquoise, Coral, also links to the Timelines and, together, these two colours can show us how to, not only tap into our ancient wisdom, but use our creativity to find greater joy and spontaneity in living our life, in the moment.

There is a great deal of flow in Turquoise. When we think of Turquoise coloured waters it immediately calls up warm, tropical oceans where we sail, swim, snorkel, float and generally, relax. Turquoise reminds us that at certain moments of our life, we need simply to "go with the flow", without resistance, without knowing where the stream of life is taking us. When we do this and breathe deeply, we move a little closer to hearing the whisperings of our heart; that "still small voice within."

Turquoise is what I call "the trains and boats and planes colour". It's about travel and movement, concerning both our inner and outer spaces. It contains green, the Earth upon which we travel by car, foot, bike or rail; it contains blue, by which we travel over water, or through the air; it contains yellow which is about the speed with which modern travel is possible and the light that we are often seeking. When Turquoise comes up in the last Bottle, it's often an indication that a move is about to take place. On which level the move is likely to occur, may be determined, to some extent, through the first 3 bottles. Although, our future is always changing, depending upon how we live each moment in the now.

Turquoise also reveals a connection to outer space and ETs. The starseeds from which we came, and the ones scattered across the Universe that are also part of us. It's also about our connection to the inner-Earth and to the Nature & Sea Devas. Turquoise Butterfly Essences are wonderful assistants to aid our communication with all beings from other worlds and dimensions; they help us to have finer communication with them

So, no matter if you've had no training, no matter if you feel you've no talent; dance, write, sing, act, play, draw and have the most fun ever, by simply having a go! Find your greatest joy in spontaneous actions, in playfulness and in absolute silence. Hear the inner and outer communication of Spirit, as you travel the timelines of your whole existence. Be One; the All that there is, by being your own creative expression of the Divine. Have immense fun on your journey, and make every day, a Dolphin Day!

## TURQUOISE AURA-SOMA BOTTLES

There are 13 Bottles in which contain Turquoise, and several more which shake to Turquoise. Its first appearance is in B9 and its last appearance is in B83. Let's have a look at these first and last appearances of Turquoise and also at the two Bottles which contain only Turquoise, B43 and B62. In the Aura-Soma system, Turquoise represents, **"The creative expression of the heart from the feeling side of the being."** Jung called this the process of Individuation : the process of coming to know all the parts of oneself, and learning to give them harmonious expression; a drawing-back of all our fragments.

**B9 "The Crystal Cave"** Turquoise over Green (shakes to deep Turquoise) *Outward journey of The Hermit tarot card.* This bottle is very much about the truth which lies within our heart, but which we cannot always bring into expression. B9 represents the journey around bringing that heartfelt creative expression out; facing our fears and our shadow side, and finding the star that we are rising within us. Like the hermit, we need to retreat into the cave for a little while in order to do this. Our cave, however, is crystal and holds the imprint of our karmic/DNA patterns. Here is where we learn to embrace both the light and the dark of who we are and transmute them into Oneness.

**B43 "Creativity"** Turquoise over Turquoise. "Creative communication. The process of individuation unfolds. *Eight of Cups Tarot.* On Earth, we are physically as far from Source as we can be and still retain the Divine Spark. We are here to learn about individuality, loving ourselves, just as we are, warts and all. This can take aeons. Even when achieved, this is only the beginning of our journey; then we begin the process of merging once again into Existence itself. Steven Lumiere says we retain our sense of individuality, be it ever so slightly, right up to the moment before this final merging takes place.

**B62 "Maha Chohan"** Pale Turquoise over Pale Turquoise. 3 of Swords tarot. Going with the flow of life, in gratitude. Maha Chohan is known as "the teacher's teacher". This bottle may open us up to the ocean of universal consciousness. We are One but we are many. We begin to see our reflection in every Soul we meet. They become our greatest teachers. The more we recognise our greatness, the more humble we become. The more we realise what we have to give, the more gratitude we offer to The Beloved. This bottle is far more intense than B43 and the lessons within are the same! Instead of being overwhelmed by them, however, the greater possibility is that we learn to ride the storms in the ocean of life and come safely to the shore.

**B83 "Open Sesame"** Turquoise over Gold, shakes to Olive Green. *Return of the Heiropphant tarot card.* A bottle for our times. Ancient wisdom not easily seen or acknowledged, can only be revealed when we are prepared to face our fears and bring the light that is stirring in our belly up; through our solar plexus and heart, and into the thymus, to give it creative expression. Our ancient wisdom is our treasure chest. Women throughout the ages have been persecuted for their wisdom and it was been deeply hidden for a long time. Now the star is rising. The journey through the Chakras awakens our longing for the Divine Feminine, brings joy to banish confusion, and allows more light into a the heart. Finally, we can embrace the hidden treasure of our wisdom as the Star ignites Ananda Khanda and causes it to fully awaken. The olive green in this Bottle, brings a new order of leadership and power for both men and women; one full of heartfelt creative expression and Divine Light.

**Turquoise Pomander** - use when needing to tap into your Inner Child and/or your creative essence. Good for art, dance, or creative writing classes. Helps us to go with the flow of daily life.

**Turquoise Quintessence** - Hearing the still small voice within. Good for teachers to keep us humble. Reminds us to offer gratitude, even for our greatest challenges. Helps us understand that everything needs to be processed through the heart for greater inner and outer communication.

**Turquoise Colour Essence** - Ideal for communicating with the Devic realms, including those of the sea and of the Inner Earth. Teaches us without teaching. Opens our High Heart (Thymus Chakra) to Angelic communication.

*"Light on Earth measured at the quantum level is not a summary of the amount of light and dark parts, but rather the balance of the quotient of what the few light parts are creating for the whole. For instance, a glass of water might contain eight ounces of water, but add a few molecules of flavouring, and the entire glass of water has become "flavoured water." Light is like that, where the interdimensional properties of the Human who meditates and prays are flavouring the entire earth's vibration.*

~ Kryon

*"...But we also add to our own suffering in other ways. All too often we perpetuate our pain, keep it alive, by replaying our hurts over and over again in our minds, magnifying our injustices in the process. We repeat our painful memories with the unconscious wish perhaps that somehow it will change the situation—but it never does..."*

~ his Holiness the Dalai Lama

*"When you become conscious of Being, what is really happening is that Being becomes conscious of itself. When Being becomes conscious of itself— that's presence. Since Being, consciousness and life are synonymous, we could say that presence means consciousness becoming conscious of itself, or life attaining self-consciousness. But don't get attached to the words, and don't make an effort to understand this. There is nothing that you need to understand before you can become present."*

~ Eckhart Tolle

## A COSMIC RAINBOW by Noëlle Leven

Drastically reduced to **\$35 each**. A **saving of \$50** on the original price. It can be posted to you anywhere, so be sure to order in time for Christmas!

Noelle's book contains a great deal of knowledge about colour which may otherwise be lost in the proliferation of popular printing methods which simply give a quick and easy ways to use colour. This book takes you deeper, into the realms of ancient lore and culture; into the temples of Egypt and Atlantis. It helps you to explore colour through the old and the mysterious, as well as the modern and more widely used methods of colour therapy.

## THE REIKI PAGE

Spirit constantly shows us the value of trust. During my recent Reiki courses in Perth, I was shown again and again, how, when we trust in Spirit, everything simply unfolds. Instead of trying to manifest things, my personal journey seems to have been about NOT doing that at all. In fact, doing most things less and less, but a lot more of just one particular thing - Trust!

Whilst the spiritual side of life during the Perth visit, went incredibly smoothly, as I've mentioned on the front page, we faced a heap of challenges in the 3-D world. It would have been so easy to let it all affect the spiritual, but this didn't happen. Instead, as the everyday world got a little tougher, the spiritual world became so much easier.

So how can we move through these everyday challenges? We can only be in them; to completely and absolutely let the happening absorb us, experiencing it to the full. Then, at some point, it becomes so ludicrous, we just have to laugh. Laugh at ourselves in the moment, even when our experience is, that we get cross with it all. Somehow, just at the moment the inner dialogue is full of "grrrrrrrr", something shifts and a glimpse of the bigger picture is seen. In that tiny, tiny moment when the window of consciousness opens, we can fall into the vastness of Creation for a nanosecond and catch ourselves being human. Frankly, all we can really do when it happens, is to laugh.

When we try so hard to accomplish something and everything seems to rise against it ever happening - ride with it. Take the roller coaster of life and let it pull you up to the highest peak, and then drop you like a stone. Just at the point at the bottom when you realise you're still alive, it whisks you around a sharp bend, changing your direction in an instant. This is not the way you planned to go, but now you're on the ride and can't find a way off without absolutely killing yourself. Up and down, and just when you think you've reached the bottom, oh no! Another vertical drop. On and on. No matter how quickly you try to think, the ups and downs and twists and turns, just won't let your head clear.

So, what can we do when we're on the roller coaster of life and feel we have no control? How about we simply surrender to not having any control? Can we surrender to the rapid rises and the vertical drops; surrender to those sudden changes of direction that take us where we had no intention of going? Each ride we experience in our life is set (to some extent.) It finishes when it finishes; railing against it does not help at all.

Is there even a small chance, that if we let go; if we stop resisting; if we stop trying to control things, that we could, just a little bit, actually enjoy the ride? Can we take the experience of feeling that certain death is imminent and, instead, realise we are still alive and, in doing so, turn the experience of fear into inexpressible joy?

Each ride of life is an opportunity to surrender to what is. When we do this, and let the ride continue to its end, not knowing when or how that end will occur, we grow a little more. We begin to find spiritual maturity as we embrace what is. The more we can enjoy the ride, the less upset, angry, frustrated and fearful we will be. One thing we do know is, that everything does end—eventually!

Daily practise is often what provides us with enough ballast to keep our heads above water during these wild rides which we have organised for ourselves to experience. Whichever your modality, don't neglect your daily practise of grounding and connecting; of offering gratitude and blessings to All. Those who practice Reiki can perform self-healing, practise deep breathing, say the Reiki Creed (Precepts), sit in seiza (kneeling meditation), letting Divine Energy flow through you to heal and balance on all levels.

Peace and harmony. These two things are what we all seek and are the basis of a healthy life. They begin with the breath. Deep, slow breathing immediately brings peace. If deep breathing makes you feel sick or anxious, then you will need to work on your solar plexus first. The anxiety is merely the ego at work, wanting to hold on to what it knows, even when it's unhealthy and doesn't serve you, like shallow breathing. Today, see if you can manage just one deep breath. Tomorrow, try two. That's all. First one, then two, and so on. Gradually the fear and anxiety will subside. Don't push it, just flow with it.

No matter which level of Reiki you are, no matter how you have been taught, always seek to find balance, within yourself, within your client, within your Reiki practice. If you let the ups and downs of life get to you, how can you be of the best help possible to those who come to you for healing? Just try, with one breath, with one ride at a time, to go with the flow; just try once, not resisting change; try just once, breathing and surrendering to what is. You will feel a deep sense of peace flow through you in the moment you truly surrender, and it will be blissful. Wouldn't you like to offer that to your clients? Oh yes!

Peace and Harmony during the wild rides of life - what could be more welcome? Use your daily practise. Flow with everything. Breathe. Enjoy the ride you've created!

## COLOUR RESONANCE PRACTITIONERS' CORNER

*If you have been a student at Colour Resonance and would like to be included in this Directory, please let me know.*

**(new!) REIKI TEACHER, REIKI HEALING** with channelling of Wisdom and Language of the Heart to move you into the 5th Dimension. Jenny Bertram **Hilton** (08) 9337 1109, jenny.bertram@hotmail.com

**(new!) REIKI HEALING, THETA HEALING, REFLEXOLOGY** Rada Vlatkovic, **East Victoria Park**, (08) 9470 2640 arda.vlatkovic@bigpond.com

**(new!) REIKI TEACHER—ALL LEVELS, YOGA TEACHER 1-1 OR GROUP, BREATH AWARENESS, GARDEN HEALTH & DESIGN**  
Donna Deeley "Simply Sustainable" **Hamilton Hill** (09) 9337 4701 0413 107 223

**REIKI TEACHER— ALL LEVELS, INTUITIVE ART**  
Jennie Newman, **Bassendean** 04 0823 7864 jennien@westnet.com.au

**SOUND HEALING WORKSHOPS & COLOUR THERAPY**  
Maxine Getley, **Rockingham**, (08) 9593 5762

**ART/SILK PAINTING COMMISSIONS/CLASSES, AURA-SOMA COLOUR, COLOUR THERAPY**  
Paula Frances Bradley, 04 0582 0827

**AURA-SOMA COLOUR, EARTH HEALING, WORKSHOPS, COURSES, MEDITATION**  
Merlinda Reed "Angels of Colour & Light" **Armadale** (08) 9498 2390 (04) 0079-5456

**REIKI** Tara Mazzuchelli, **High Wycombe**, (08) 9454 6934 TARMAZ@bigpond.com

**AURA-SOMA COLOUR, REIKI, LUXOR LIGHT, COLOUR HEALING, WORKSHOP FACILITATOR**  
Tricia Rigo, "Magenta Healing" **Rossmoyne** (08) 9354 7363 tricia\_rigo@yahoo.com.au

**AURA-SOMA TEACHER & PRACTITIONER, NUMEROLOGY, REIKI, JIN SHIN JYUTSU**  
Margaret Tow, **Burswood** 9472 5353

**COLOUR HEALINGS, REFLEXOLOGY, REIKI & WORKSHOPS** Jo-Anne Kinnear, "Sunwalker Healing", **Mt Hawthorn**. 9201 1826  
04 19931848

**AURA-SOMA, REIKI MASTER, MAGNETIC HEALING, VIBRATIONAL ESSENCES** Gloria Griffiths  
"Compassionate Colour" **Craigie**, (08) 9307 2946

**BOWEN THERAPY, AURA-SOMA, WA BUSH FLOWER ESSENCES, YOUNG LIVING OILS REIKI TEACHERS** Felicia & Tim Sandover, "Alternative

**CHAKRA DANCE WORKSHOPS, COLOUR THERAPY HEALINGS, AURA-SOMA COLOUR, REIKI** Shirley Tonkin, **Narrogin**, (08) 9881 6027 04 0968 8434 stonkin@chakradance.com

**AURA-SOMA, COLOUR THERAPY, REIKI TEACHER, CIRCLE DANCING** Lillian Haagensen, **Joondana**. (08) 9444-8476 04 1290-0504 ljhaag12@dodo.com.au

**ART, MASSAGE, HEALINGS, AURA-SOMA, REIKI, COLOUR THERAPY** Paula Kay McBean, **Heathridge** 04 1129 0024

**SOUND & COLOUR, REIKI, PRANIC, INTUITIVE HEALINGS, HYPNOTHERAPY**  
Maureen Stephenson "Emergence @ Chrysalis" **North Perth** (08) 9328 5021

**REIKI, REFLEXOLOGY, BEAUTY THERAPY, HOT STONE, REMEDIAL & RELAXATION MASSAGE**  
Sheree Regan, **Kenwick**, 04 0523 4602

**REIKI CONNECTION EVENING**  
**THURSDAY 27TH MARCH 2008 6:30—9:30pm**

For all past students of Colour Resonance Reiki Level I, II and Teachers. An evening to come together for sharing and healing. An important part of Reiki is the caring community of practitioners and teachers that it creates. This is an opportunity to receive encouragement and support from each other. So, please do come along to share your knowledge and experiences and ask questions. We will also hold a Distance Healing circle and share a healing sessions with each other.

### UPCOMING IN MARCH 2008— PERTH

*Please note, these are proposed dates only at this stage. I hope to have definite dates very soon so that those of you who need to apply for leave or organise babysitters, will have a chance to get that all in place.*

**SUNDAY 30TH MARCH 2008**  
**OUR MULTI-COLOURED CHAKRAS \$80**

*(\$20 discount for those also attending the Foundation)*  
Is each Chakra only one colour? No, they are multi-coloured! This 1-day workshop helps to explain the role that each colour plays within each Chakra, ie blue in the Base Chakra, orange in the 3rd eye Chakra, and so on. *More details soon!*

**MONDAY 31ST MARCH — SAT 5TH APRIL 2008**  
**AURA-SOMA FOUNDATION COURSE \$650**

*Deposit \$150 6 full days.* An introduction to the Aura-Soma system. We cover the story of Vicky Wall, primary, secondary and tertiary colours, colour language, the Equilibrium Bottles and how to read them, pomanders, quintessences, essences and Archangelos. You may use this course simply for your own spiritual/knowledge development or, as the first step in becoming an Aura-Soma Practitioner.

*firm dates and venues TBA soon!!*

**Early registration for courses is an enormous help to all facilitators, so please do contact them ASAP.**

Some of these courses have been advertised for a while, but please don't stop reading about them. You never know when that Divine Nudge will come!

### JOANNE KINNEAR "SUNWALKER HEALING"

Presenting three workshops on Archangels and Ascended Masters, their associations with colour and crystals and how to incorporate them into our everyday lives.

**DATES:** Sept 15th, 29th and **October 13th**

**TIME:** Saturday mornings, 9.30am -12.00noon

**COST:** \$30 per day

**VENUE:** MT HAWTHORN

There may be more workshops to follow, depending on response, so if you're interested, please call

**Joanne: (08) 9201 1826 / 0419 931 848.**

**Email:** [sunwalkerhealing@iinet.net.au](mailto:sunwalkerhealing@iinet.net.au)

### AURA-SOMA LEVEL III ADVANCED

with Vicki Enegham (Paula Milner is co-ordinating)

**9th - 14th NOVEMBER 2007**, Dunsborough

**COST:** \$895 includes tuition, accommodation and all meals (except breakfast - BYO)

Vicki's courses are always beautiful and always inspiring.

Take the next step of your Aura-Soma journey in this tranquil setting with one of the most experienced teachers we have. This course is coming up very soon now so don't delay making your booking.

**Registration: Paula** 04 1792 3374 or 08 9756 6602

Email [dpmilner@iinet.net.au](mailto:dpmilner@iinet.net.au) *Book Now!*

### AURA-SOMA PRACTITIONER SHARING DAYS

with Caroline Logan. These get-togethers are becoming increasingly more important within the Aura-Soma training programme so do support Caroline in her endeavours to unify the Aura-Soma family in Perth. There are only two more get togethers for this year. Come along and hear Nura's beautiful meditation CDs for the poms and quins.

**Dates:** **21<sup>st</sup> Oct**, 16<sup>th</sup> Dec

**Time:** Sunday 9.30am - 12.30pm

**Venue:** **Rossmoyne** (call Caroline for address.)

**Cost:** only some morning tea to share. Easy!

**Ph:** **9295 3390** [rusticcandle@bigpond.com](mailto:rusticcandle@bigpond.com)

### GODDESS CEREMONIES with Ishara

Touching the Sacred Feminine in prayer and ceremony.

**Weekly Chalice Ceremony:** 6pm each Monday

**Monthly Ishtar Ceremony:** 2nd Nov, 14th Dec.

**(08) 9314 5973 04 1559 3408**

[ishara@ishtarsdaughters.com.au](mailto:ishara@ishtarsdaughters.com.au) [www.ishtarsdaughters.com](http://www.ishtarsdaughters.com)

### SA & CLAUDIO SILVANO - "SACRED RADIANCE"

Sacred facilitation in Sacred Space

- **MEDITATION MONDAYS**
- **CHANT & CHAI** (now once a month on Sundays!)
- **SWEAT LODGES**
- **REIKI TRAINING**
- **HARMONIC VOICE TRAINING**
- **THE QUEST FOR SUDRA'S ORB**
- **PERSONAL SESSIONS WITH SA OR CLAUDIO**
- **TRAININGS AND WORKSHOPS**

**VENUE:** 4 Rodd Place, Hamilton Hill

**MORE INFO:** Sa or Claudio **9434 5059**

**VISIT:** [www.sacredradiance.net](http://www.sacredradiance.net)

**SOUL DREAMS WORKSHOP** with Alysea McArtney  
**Alice Springs 5th - 8th OCTOBER 07 \$800 (all inc)** If you have any interest in The Tree of Life, this is the course for you! Alysea has the most amazing insights into the the Qabalah, and you can learn a great deal from her. The Tree is a Spiritual life-coaching tool with deep mystical and esoteric teachings. It's depths are untold.

*Alysea's wonderful new book is now available,*

**"The Colour Codices through Time"**. If you can't make the course, the book can be posted to you anywhere. **Ph: (80)**

**9454 7595** or [alysea@colourinu.com.au](mailto:alysea@colourinu.com.au) *Book now!*

**AURA-SOMA FOR SALE - from Charyo Charyo G.M. Esser** **Ph: 08 9337 4985**  
**37 Bromley Road, Hilton, 6163 W.A.**

### OPENING TO THE HEART

**Sat 13 & Sun 14 October 2007**

**Moving our attention from the head to the heart**

Through the heart we can find a way into the depths of our being, where we can relax into who we truly are. This weekend is our chance to shift gear. We will use meditations, playful 'exercises' and activities to explore and uncover the heart's many riches, colours and fragrances. **Venue: Body Riches Centre, 302 South Terrace, Sth Freo**

**Cost: \$220.00** *Booking essential*

**Sudeva or Subhi** on 9314 1054 or 04 1288 0501

### CREATING YOUR LIFE IN BALANCE

**(Not just an art course!) with Paula Bradley**

Using drawing and painting as a way to unlock your dreams and passions and create a path to manifesting them into your life. Each week, you'll look at one of seven different areas in your life: finance, play, career, love, relationships, health and spirituality.

**9-WEEKS**

**Begins:** Tues 25<sup>th</sup> September 6:00 - 9:00pm

**Venue:** Kidogo Art House, Bathers Beach, Fremantle

**Cost:** \$490, including most materials. Please bring your own set of pastels

**INFO & BOOKINGS:** Paula **04 0582 0827**

[pfb\\_explorer@hotmail.com](mailto:pfb_explorer@hotmail.com)

**Nura has released two guided meditation CDs, one working with Aura-Soma Pomanders, the other with Quintessences. As with everything Nura does, they are very beautiful. The CDs can be posted to you anywhere. Please contact Nura direct to obtain your copy(ies).** [www.livingunity.com](http://www.livingunity.com) **02 6684 3709.**

May you achieve Peace & Harmony  
during the  
roller-coaster ride of Life!

*Linda xxxx*

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*(Emailed version is free.)*

**LINDA GRAHAM AT COLOUR RESONANCE**  
**1 COTTESMORE STREET, FIG TREE POCKET, QLD 4069**

**PH: 07 3878 5953 MOB: 04 1331 1208**

**EMAIL: [linda@colourresonance.com.au](mailto:linda@colourresonance.com.au)**

**Don't forget to let me know if you move house, or get a new email address!**