Our Colourful Times

COLOUR RESONANCE NEWSLETTER

WA ISSUE 68

AUGUST 2007

LETTER FROM LINDA

As I write this in the early morning, the mist is rising from the park across the road, and the pale winter sun is filtering through the clouds. The park looks like a faery glen, all back-lit with soft golden rays. It's breathtakingly beautiful. The other side of the coin is that it's freezing cold! Well, OK not freezing exactly, but an awful lot colder than usual. They had a record overnight low at the airport a few days ago, so it's not just me. Sadly hardly any rain has fallen for some time and the ground is dry and dusty, plants are really struggling now and more and more wildlife seek food and water from our balcony so I'm continuing to visualise "just right" rain. (Trying to avoid any floods!)

The end of an era is approaching for us, as Gordon & I prepare to sell our house in Rhonda Avenue. It will be a difficult task to de-commission the labyrinth and take up all the river rocks and crystals. Maybe there'll be time for just one more ceremony before it's dismantled? The labyrinth has played an important part in the process of connecting to the energy of this house, and I plan to ship the large central rose quartz and some of the other crystals back to Brisbane. The white crystal energy came with us, so is already present. Víveka's prayer mat, my ceremoníal belt and necklace from Ishara, Soluntra's mandalas and Dayananda's crystal tools, are all helping to anchor the energy here. It grows and deepens daily.

Lynda has been a lovely tenant for us and has been very generous in continuing to share Rhonda Ave for meditations and groups. Some of these things will continue, so do keep an eye on the workshop and practitioner pages for the new venues.

I do hope I see some of you at the Reiki courses in Sept, and/or at the Circle of Light—see opposite column!!

Blessings of Love © Rainbows, Linda xx

REIKI with Linda in PERTH - September 2007 <u>Registration is open.</u> Please contact me for a flyer on the Reiki level you wish to take.

<u>Reiki I</u> - 1st & 2nd September \$150 <u>**Reiki III**</u> - 8th & 9th September \$150 <u>**Reiki III**</u> - Full Teacher Training **Tues 11th - Sat 15th inc** (5 days) \$500

The days of \$10,000 to take Level III and receive only basic skills, are long gone. Those who complete this training will be fully equipped to become Reiki Teachers of the highest calibre. Not only will it teach you the essentials from the Reiki point of view, but I will also share with you, as much as I can from almost 30 years of running workshops. Aspects covered range from the mundane to the absolutely fabulous, including;

- receiving your own Level III Attunement;
- receiving the Master Symbol;
- how to Attune others for all levels of Reiki;
- new information on Usui Sensei;
- recap Chakras & Subtle Bodies;
- when students have trained with other teachers;
- giving Attunement only, giving top-ups;
- how to run full workshops and one-on-one sessions
- compiling workbooks and creating certificates;
- keeping student records
- the teacher's role post-Attunement

Reiki teachers and students **already trained by me** are encouraged to repeat their levels, **tuition free.** \$10 per day only towards venue.

All workshops at Vivacious Living Centre, Applecross. For all courses, your early registration will be greatly appreciated! (07) 3878 5953 04 1331 1208

CIRCLE OF LIGHT

SATURDAY 15TH SEPTEMBER, 3-4pm VIVACIOUS LIVING CENTRE, APPLECROSS

An opportunity to radiate Unconditional Love & Unity to the world. We'll connect to the cosmic crystalline grid, upvibing ourselves and others as we come together. This will be a wonderful finale to the Reiki courses I'm offering in Sept, for everyone to come together in a healing circle, especially with the newly initiated Reiki Teachers. The energy will be fabulous! Originally intended for my own Reiki students, it actually feels right to open the Circle to everyone, so do feel free to come along, whether you're a Reiki practitioner or not. There will be **no charge**, but a gold coin donation to assist with room hire and refreshments would be greatly appreciated.

TERTIARY COLOURS - GOLD

Gold is the third tertiary colour we're looking at in this series. It has some similarities to both yellow and orange. This is because Gold is mostly yellow with a little bit of red. (ie three quarters yellow and one quarter red.) Orange on the other hand, is exactly half yellow and half red. There are connections between Gold and yellow in regard to joy, fear and learning, and to orange in regard to the Timelines and ancient wisdom.

Gold represents our highest attainment. It's about worth and wealth on all levels. It represents the Hara, the seat of our Soul which, unlike the Chakras, exists, not outside the physical body, but within the belly area. Kryon speaks about "the Golden Angel within" - that spark of Divinity we all carry. For some people, the Soul Star at the top of the head also manifests as Gold.

Gold leads us to strive to attain the best of ourselves, to get the "Gold Star", whether academically, in sport, commercial ventures, or upon our spiritual path. Sometimes, just as in mining, we have to do a lot of searching and digging to obtain that Gold. The search for golden things has often led to the downfall of individuals and corporations, and that happens when we forget to hold on to our integrity. If we begin to worship Gold, it becomes the golden calf of idolatry. There is nothing wrong with being materially wealthy, as Osho said, "You don't help the poor by becoming one of them," but as always, it's our attitude and attachment to wealth that brings us either to contentment (the entrepreur/benefactor) or disappointment (living in poverty or being miserly.)

Gold has always been held in the highest regard and esteem by almost all cultures and all civilisations on this planet, and was one of the three blessed gifts given to Jesus by the Magi. It's seen as precious, unfailing, and constant-like a gold bar. Wedding rings, religious artefacts and other things of significance are often made of Gold because it's a metal that neither tarnishes nor diminishes over time. It's impervious to all elements and almost all conditions. It represents the best of things; as the advert says, "If you want the best, then it must be Solid Gold." It signifies something that will withstand the "acid test"; literally, a test jewellers perform with nitric acid to determine whether or not an article is truly made of gold. All other metals that are present, dissolve. Only the gold remains.

Although no longer used as coinage, as a mineral, Gold is amazingly versatile and is used in glass production to make vibrant red and in ceramics, photography, dentistry, edible decorations, embroidery thread and gold wire. In electronics, it's an excellent conductor. Gold also holds a paradox in, although it is much denser than lead, it is so malleable that an ounce of gold can be beaten out to cover 300 square metres! In the same vein, when emotional situations become difficult, a little bit of Golden Wisdom goes a very long way in providing some balance.

As a colour, Gold enhances all other colours and colour combinations, it provides a little bit of "richness" to the palette. Whereas yellow represents the more academic and logical search for knowledge, Gold represents the richer aspect of Wisdom; something much deeper. Wisdom cannot be learned from books, it can only be attained by our life experiences. It represents, not only our experiences in this life, but the whole of our existence upon the Earth, both individually and collectively. The information lies encoded within our cellular/DNA structure, just waiting for our growing light to reveal it. This ancient wisdom is what guides us and sustains us upon our spiritual search, flowing down the timelines of our existence like a golden river.

Another yellow quality - judgement, becomes the more "valuable" quality of discernment. Gold is far less excitable than yellow; the red providing some grounding. Just like that gold bar, it's rock solid. On the downside, the fear we see in yellow, becomes phobia in Gold; deep unreasoned fear. Yellow confusion turns into Gold's blind panic. Unlike yellow, however, Gold finds its equilibrium far more easily. That little bit of red does its work and brings Gold back to Earth far more quickly than volatile yellow. Yellow shows leadership through logic, but Gold has an intrinsic power that is absolutely tangible. Religious icons, the crown, orb and staff of royalty, the mayoral gold chain, the flamboyant accessories of the wealthy, all these expensive artefacts loudly proclaim power and authority and have done so for millennia. Gold is, therefore, deeply ingrained in our culture and history as something of great value.

We also see this in the way Gold is used in our everyday language; heart of gold, pure gold, silence is golden, the golden child, good as gold, golden opportunity, solid gold, golden oldies, golden touch, a real treasure, gold digger and many more. It can also mean extravagance, value, prosperity and generosity. It reveals the King or the Emperor, the entrepreneur, the hedonist and the business magnate. Its qualities are excellence, opulence, grandeur, power, authority, refinement and finesse.

The other side of the coin (!) is that Gold can also reveal the miser and in Feng Shui, those who wear too much Gold, are said to be loudmouths! When we lack self-worth on the inside, the wearing of precious things on the outside, gives us a false sense of our true value. Our task at this point in our evolution, is to find the worth within ourselves, to release that Golden Angel within. When we become "bright shining as the sun" we have reached the peak of perfection and will know true value - and that, is worth its weight in Gold!

GOLD AURA-SOMA BOTTLES	DIVINELY DANCING with
There are 13 bottles with Gold in them, so here we	Dr Patricia Morrigan - Creative Dance/Movement Therapy
will look at just 4. In Aura-Soma Gold also	Paula McBean - Belly Dancing
represents the Incarnational Star situated at the	Lillian Haagensen - Sacred Circle Dancing
Hara.	Shirley Tonkin - Chakradance
B4 Yellow over Gold "Sunlight" Knowledge and	Linda Graham - Colour Expression
Wisdom coming together. Yellow is what we know,	So sorry everyone, you'll need to change the dates in your
Gold is what we have experienced. As we learn, we	diaries. We just couldn't get a suitable venue in October so
also remember. As more light comes into our cells,	the date is now the first weekend in November .
it shines upon our past and the wisdom of the ages	
is revealed. We listen to the Higher authority and	As sound begins from silence, movement begins from
use our power wisely. Relates to outward journey of	stillness. When heart and mind are still, even momentarily,
The Emperor tarot card.	it opens the way for us first to hear, and then to move to, our internal rhythm - and so begins the dance of our Soul.
B14 Clear over Gold "Wisdom in the New	Whether you've always danced or never danced, can dance
Aeon" Our intrinsic wisdom allows us to absorb	or can't dance, you'll be welcomed by Five Fabulous
more light without being blinded by it. We stand	Facilitators, who plan to give you a <i>wonderful</i> weekend full
with one foot in the waters of life and the other on	of enjoyment, fun and laughter and, the possibility of
solid ground, not from indecision, but from a	opening up to another facet of the Diamond Dancer you
balanced understanding. Relates to the outward	truly are!
journey of Temperance tarot card.	DATE: 3rd & 4th November 2007
B41 Gold over Gold "El Dorado" Just as the	VENUE: The Chapel, Wollaston Conference Centre
alchemists of old tried to turn base metal into Gold,	Rochedale Road, Mt Claremont
we see the possibility of transmuting the base	COST: to be confirmed (<i>around \$150</i>)
human into the Golden Angel. No longer fearing	BOOKINGS & INFORMATION:
poverty of purse or spirit. Wealth comes in many	Shirley Tonkin: 08 9881 6027 04 096 88 434
forms. The riches we struggle to find are within.	Email: stonkin@chakradance.com
	Patricia Morrigan: 08 9341 4503 04 2294 7069
Maturity of Spirit. Soul growth. Relates to 10 of	Patricia Morrigan: 08 9341 4503 04 2294 7069 Email: pmorrigan@iinet.net.au
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unthinking humans can do no lasting harm as the Great Goddess will simply not allow that to happen. The authority in Gold reminds us that she is always able to keep us in check if she needs to!

soluntra@evenstarcreations.com PO Box 11 Whakatane 3158, Bay of Plenty, New Zealand **Ph/Fax** +64 (0)7 315 8355 **Mob** +64 (0)212 967 517 *Local Brisbane contact: Linda Graham (07) 3878 5953*

THE REIKI PAGE

When we become healers of any modality, we often develop our intuitive healing skills far beyond anything we are taught. In the beginning however, it's quite normal for some practitioners to feel absolutely nothing at all; no tingles, no hot or cold, no colours and no visions. This can often lead to new practitioners thinking that they're not "doing it right" or that they are frauds; not able to truly offer any healing at all. Nothing could be further from the truth!

The most important thing to realise is that, regardless of the practitioner not "getting anything", Reiki (and all intuitive healings) will still work. This is because the Divine power to which we offer our Intent and into which we connect, is not governed by our individual egopersonality. Having given Intent to be a channel for another person's Highest Good, then Spirit hears this and works with us accordingly. The person on the table will still receive Divine Energy and will still be engaging in a healing process, regardless of what the practitioner feels, or does not feel. It is, however, enhanced and flows far more easily, when we are not putting our own restricting thoughts into the mix.

It's very easy for we humans to fall into the glamour of "getting stuff" and it's really, completely irrelevant to the actual healing process. That "*still small voice within*" can often provide some confirmation and insight, but it doesn't actually add to the healing itself. The clearest way for Spirit to work through us is when we simply open our heart and completely trust that we are in the right space, at the right time, doing the right thing. The more we practitioners can stay out the way of the whole process, the more effective the healing will be.

After we have learned to trust our Higher Self and Spirit to come together in complete and utter harmony, the next step is to work by barely touching the body at all, and to feel what's going on in the subtle bodies instead. This is often where past life trauma can still be resonating. When a dis-harmonic vibration, or dense energy is felt, then flooding it with Unconditional Love is the way to bring it into balance. Following a set pattern to work in the subtle bodies is again, perfectly OK. Reiki II is a mixture of hands-on and hands-off the body, and using symbols and other tools can greatly amplify the process.

The final step in becoming a healer, is to be purely intuitive in your healing. With no set pattern to go by, and no set time to stay at any particular location of the body. For some, this last step will feel natural and easy, for others, it will be downright scary. We can only go at the pace that is right for each of us; to *feel* our way, not *think* our way, through every healing we do.

There may well be a time in your Healing practice where Reiki has evolved into something that you don't feel you can really call Reiki when you look back to how you were taught. It's OK, it's all part of your evolutionary process to find your own way of doing things. This will happen quite naturally. It never works if you try to force it and, of course, it may not happen at all! It's more than OK to stick with the form and patterns of Reiki if that's where you feel most comfortable, but for many, they will only ever be "a good start". The main qualities for a healer are Trust and Pure Intent. Be clear with those and everything will flow just the way it should.

Blessings, Hari Om Tat Sat.

I DO NOT FEAR

In the Sci-Fi series "Dune", author Frank Herbert repeated this mantra of the Bene Gesserit Sisterhood in almost every book. It's one I use often and repeat it here for those who are new to the Newsletter.

I do not fear. Fear is the mind-killer. Fear is the little-death which brings total obliteration. I will face my fear. I will permit it to pass over me and through me. And when it has gone past I will turn the inner eye to see its path. Where the fear has gone there will be nothing. Only I will remain.

Whenever you are healing, never imagine for one moment you will cause harm to the other person. If you truly work from your heartspace, projecting lovingkindness and a Pure Intent to be of service in all appropriateness for the person who has come for healing, then trust absolutely that everything will unfold in the most perfect and beautiful way.

The attitude and consciousness of the healer, is the "conductor of the orchestra" where healing is concerned. You set the pace. As healers, however, we truly need to understand that whilst Divinity comes through us, not from us, the radiance of our inner light and consciousness can amp the healing up, or tone it down. Fear will definitely tone it down.

Fear comes from low consciousness and has absolutely no place in a healing room. So listen to your heart. Face your fears. They are only thought forms which can be re-trained and or deleted through clarity and understanding. If you do not mean harm, you will not cause harm. (Being a catalyst for change, however dramatic it might be, is something entirely different.) Connect to your Higher Self, ensure you are grounded, and trust your heart to guide you.

COLOUR RESONANCE PRACTITIONERS' CORNER

All practitioners listed have completed Colour Resonance courses in Reiki, Colour Therapy or Aura-Soma. If you have been a student at Colour Resonance and would like to be included in this Directory, please let me know.

(New!) SOUND & COLOUR, REIKI, PRANIC, INTUITIVE HEALINGS, HYPNOTHERAPY

Maureen Stephenson "Emergence @ Chrysallis" North Perth (08) 9328 5021

SOUND HEALING WORKSHOPS & COLOUR THERAPY Maxine Getley, Rockingham, (09) 9593 5762

AURA-SOMA TEACHER & PRACTITIONER, NUMEROLOGY, REIKI, JIN SHIN JYUTSU Margaret Tow, Burswood 9472 5353

AURA-SOMA COLOUR, EARTH HEALING, WORKSHOPS, COURSES, MEDITATION Merlinda Reed "Angels of Colour & Light" Bakers

Hill (08) 9574-0926 (04) 0079-5456

CHAKRA DANCE WORKSHOPS, COLOUR THERAPY HEALINGS, AURA-SOMA COLOUR,

REIKI Shirley Tonkin, Narrogin,
9 Week 'Awakening the Chakras' starts Monday 23 July 6.30-8.30pm in Albany.
Weekend Residential Workshop 'Earth, Water, Fire & Air' 4pm Friday 31 August to 4pm Sunday 2 September at the Dryandra Woodland (1½ hours from Perth) Shirley (08) 9881 6027 04 0968 8434

AURA-SOMA COLOUR, REIKI, LUXOR LIGHT, COLOUR HEALING, WORKSHOP FACILITATOR Tricia Rigo, "Magenta Healing" Rossmoyne (08) 9354 7363

ART, MASSAGE, HEALINGS, AURA-SOMA, REIKI, COLOUR THERAPY Paula Kay McBean, Heathridge 04 1129 0024

AURA-SOMA COLOUR, REIKI, CREATIVE SCARVES & SHAWLS Clare Sanfead, Reiki Reflections, Mindarie (08) 9305 9996

INTUITIVE HEALINGS, WONDROUS CREATION WORKSHOPS Fleur Jeffries, **Hilton** (08) 9314-6281 04 0440-6504 wondrouscreation@bigpond.com

BOWEN THERAPY, AURA-SOMA, WA BUSH FLOWER ESSENCES, YOUNG LIVING OILS

REIKI TEACHERS Felicia & Tim Sandover, "Alternative Ways", **Gosnells** 9398 4489 04 4806 6717 **REIKI, REFLEXOLOGY, BEAUTY THERAPY, HOT STONE, REMEDIAL & RELAXATION MASSAGE** Sheree Regan, **Kenwick**, 04 0523 4602

REIKI Tara Mazzuchelli, **High Wycombe**, 9454 6934

COLOUR HEALINGS, REFLEXOLOGY, REIKI & WORKSHOPS Jo-Anne Kinnear, "Sunwalker Healing", **Mt Hawthorn**. 9201 1826 04 19931848

AURA-SOMA, REIKI MASTER, MAGNETIC HEALING, VIBRATIONAL ESSENCES Gloria Griffiths "Compassionate Colour" Craigie, (08) 9307 2946

ART/SILK PAINTING COMMISSIONS/CLASSES, AURA-SOMA COLOUR, COLOUR THERAPY Paula Frances Bradley, 04 0582 0827

AURA-SOMA, COLOUR THERAPY, REIKI TEACHER, CIRCLE DANCING Lillian Haagensen, Joondana. (08) 9444-8476 04 1290-0504 Ijhaag12@dodo.com.au

A GOLDEN MEDITATION

Sit comfortably with a straight back. Take several deep slow breaths and become more and more present. Connect to the Earth and to Source. Take as long as you need to do this. See yourself as you sit, upon a golden cushion, with gold cushions at your back. See your body clothed in light, flowing golden robes which sparkle and shimmer. Feel the richness and silky sensuousness of the material upon your skin, enjoy it. Feel your body relaxing in a warm, golden glow, take as long as you wish. Take a few more breaths, each one taking you now, deeper within. As you breathe, focus upon a spot, just inside your belly, slightly above the navel. See a tiny golden orb within that area. Breathe and let your attention rest gently here. With each in-breath, see the orb grow a little larger and as it does so, let it take the shape of a golden grail cup. You can make your cup as plain or ornate as you wish. With each breath, see it grow larger and larger. Let it fill the whole of your body til the base is at your feet and the rim of the cup at the top of your head. Sit with this a while, feel it, become One with it. Breathe. Now, with the Grail Cup still present, begin to feel in every cell of your body, Unconditional Love & Unity, for yourself, the world and everyone in it. Feel this Love as a tangible thing, see it as flowing, golden energy, pouring from your cells, filling the bowl of the cup with each breath. See the gold now begin to overflow from the rim of the cup, cascading down and around you like a vibrant, golden river of Unconditional Love & Unity. This golden River of Love now seeps right into the land, washes over rocks and trees, flows into the rivers and oceans, touching everyone and everything. The gold brings self-worth, self-respect, value, honour, deep joy and great wisdom to all whom it touches. In sharing this wealth of gold that you are with the world, you become richer than you could ever imagine.

Stay with the image as long as you wish. Come back slowly, take some deep breaths, re-ground, rise gently, stretch.

Early registration for courses is an <u>enormous</u> help to all facilitators, so please do contact them ASAP.

1. AURA-SOMA LEVEL II with Paula Milner Broome Sat 25th—Thurs 30th August 04 1792 3374 or 08 9756 6602

2. AURA-SOMA LEVEL III ADVANCED

with Vicki Engeham (Paula is co-ordinating) 9th - 14th NOVEMBER 2007, Dunsborough COST: \$895 includes tuition, accommodation and all meals (except breakfast - BYO) **Paula Milner** 04 1792 3374 or 08 9756 6602 Email <u>dpmilner@iinet.net.au</u> Book Now!

AURA-SOMA PRACTITIONER SHARING DAYS

with Caroline Logan. Every 2 months These get-togethers are invaluable for all Aura-Soma students and practitioners and are becoming increasingly more important within the Aura-Soma training programme.

Dates: <u>12th August</u>, 21st Oct, 16th Dec Time: Sunday 9.30am – 12.30pm approx Venue: now at Rossmoyne (call Caroline for address.) Cost: only some morning tea to share! Ph: 9295 3390 rusticcandle@bigpond.com

CHAKRADANCE WORKSHOPS

with Shirley Tonkin Teacher & Colour Therapist
9 Week 'Awakening the Chakras' Workshop
Commencing 23 July 2007 6.30-8.30pm Albany \$250
Earth, Water, Fire and Air Residential Retreat
Dryandra Woodland (1½ hours from Perth)
From 4pm 31 August 2007 - to 4pm 2 September 2007
\$320.00 (Early Bird before 26/7/07 \$290.00)
04 0968 8434 or stonkin@chakradance.com

SONG OF LIFE CENTRE - Subhi and Sudeva

This gracious and beloved couple have been bringing Tantra to their relationship for many years and now they feel ready to share from their experiences. They have a lively and lighthearted approach which will enable you to totally relax as you enjoy this beautiful workshop. **VENUE:** "A Place to Just Be"

4a Preston Point Rd, East Fremantle **DATE:** Sat & Sun 1 & 2 September 2007 **COST:** \$220.00 (Early Bird \$195 - if booked by 10 August) **BOOKINGS:** 9314 1054 or 0412 880 501 www.songoflife.com.au

GODDESS CEREMONIES with Ishara

Touching the Sacred Feminine in prayer and ceremony. **Monthly Chalice Ceremony:** 6pm each Monday **Monthly Ishtar Ceremony:** <u>3rd August</u>, 21st Sept. 2nd Nov, 14th Dec. **(08) 9314 5973 04 1559 3408** ishara@ishtarsdaughters.com.au www.ishtarsdaughters.com

SA & CLAUDIO SILVANO ARE BACK!

Sacred facilitation in Sacred Space 1. MEDITATION MONDAYS

7 to 8pm \$10

2. CHANT & CHAI 7 to 8:30pm \$20 4 Rodd Place, Hamilton Hill BOOKINGS Sa or Claudio 9434 5059 **SOUL DREAMS WORKSHOP** with Alysea McArtney **Alice Springs 5th - 8th OCTOBER 07 \$800 (all inc)** If you have any interest in The Tree of Life, this is the course for you! Alysea has the most amazing insights into the the Qabbalah, and you can learn a great deal from her. The Tree is a Spiritual lifecoaching tool with deep mystical and esoteric teachings. It's depths are untold.

Also, Alysea's wonderful new book will be available, "The Colour Codices through Time". If you can't make the course, the book can be posted to you anywhere. Ph: (80) 9454 7595 or alysea@colourinu.com.au Book now!

"HEAL YOUR LIFE"

Workshops and study courses, Healing and personal coaching with **Zora Harvie** at Booragoon Study course commencing 25 July 2-day Workshop 5 & 12 August **DETAILS & BOOKINGS: 9317 7250 or 04 2117 3994**.

AURA-SOMA FOR SALE - from Charyo

- 34 x 50ml bottles from B2 B97 @ \$20 each,
- Display shelf made from Pine with 4 thick glass shelves and a pine shelf in the back designed to hold all the Aura Soma Bottles on 4 different levels. **\$250**
- Aura Soma, Healing through Colour by Irene Dalichow and Mike Booth, (covers B0-93),
- 1 high potency Vit. E oil by Dev Aura **\$15**,
- 7 Aura Soma Kronicle magazine 1994 -1997
- All Pomanders and Quintessences, only 1/2- 3/4 full. Also
- Crystal Legends (Moyra Caldecott) Moldavite,
- Starborn Stone of Transformation (Robert Simmons & Kathy Warner),
- Healing through Colour by Theo Gimbel,
- Pyramid Power by Max Toth & Greg Nielsen,
- Far Journeys by Robert A Monroe, all \$10 each,
- Caroline Myss: The Energetics of Healing two videos **\$50**.
- Charyo G.M. Esser Ph: 08 9337 4985 37 Bromley Road, Hilton, 6163 W.A.

All that glisters is not gold, Often have you heard that told; Many a man his life hath sold but my outside to behold: Gilded tombs do worms infold. Had you been as wise as bold, young in limbs, in judgment old, your answer had not been inscroll'd. Fare you well, your suit is cold. Cold indeed; and labour lost: Then, farewell heat, and welcome frost! ~William Shakespeare "The Merchant of Venice"

> Blessings of Golden Radiance, Unconditional Love & Unity to you all

nda xxxx

NEWSLETTER SUBSCRIPTION is \$10.00 for one year. IF THIS BOX IS TICKED, YOUR SUBSCRIPTION FOR POSTED EDITIONS IS DUE FOR RENEWAL.

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Don't forget to let me know if you move house, or get a new email address!