



Our Colourful Times



COLOUR RESONANCE NEWSLETTER

QLD ISSUE 12

DECEMBER 2007

LETTER FROM LINDA

As you receive this issue, most of you will be in the thick of Christmas preps and well into the "silly season!" Nevertheless, I hope you'll find a quiet moment to manage to read the Newsletter. There are lots of great workshops coming up quite early in the New Year.

Please don't forget to check out the Practitioners Corner when you're in need of a treatment. I often get asked to recommend practitioners and I find this page invaluable. Also most of them will be happy to give gift vouchers which make fabulous presents for those very hard to buy people!

To all of my wonderful Level One students who have been patiently waiting ages to do their Level II, Vicki Engeham and I are offering together in February. It's open to all Level One students. Details in right-hand column → Also, the Aura-Soma Conference will be held on the Gold Coast over the Anzac Day weekend in April, and I do hope some of you can make it over. Details on page 5.

In the southern hemisphere, the Summer Solstice (and our Jesse's birthday!) is on 22nd Dec. This is a time to give thanks in Grace & Gratitude for the abundance of light we have just now, and for the rain which has recently blessed some outback areas for the first time in many years.

We know the Christians pinched the midwinter celebrations from the Romans and Pagans, but let's not forget that the birth of Jesus is still about Divine Light gracing the Earth, no matter when it happened. The message of Christmas is Peace, so, let us find peace in all Christmas worship and festivities, no matter how we choose to celebrate them. And, let us remember that Peace begins within each one of us. May God/ess bless you and keep you and Divine Light shine upon you. As it was in the beginning, is now, and ever shall be, world without end. Amen.

Linda xxxx



UPCOMING COURSES WITH LINDA

1. AURA-SOMA LEVEL I (FOUNDATION)

Sat 8th - Thurs 13th March 2008 inclusive (6 days)

9:30am—5:30pm daily \$600

Venue: Fig Tree Pocket

No pre-requisites. Open to everyone. Come and sit in sacred space and learn all about these fabulous jewels of living energy. In the Foundation Course, we learn about the basics of Aura-Soma. Colour formation through primaries, secondaries and tertiaries; hidden colours; missing colours; complementary colours; the two fractions; the four positions; how to give an Aura-Soma 4-bottle reading. Also, learn how the 15 Pomanders work upon our Etheric Body; how the 15 Quintessences & 8 Archangels assist our spiritual and healing practices and, how the 15 Colour Essences bring us to a greater awareness of our sacred connection to the Earth. There will be lots of practise time and hands on use of all products. This may well be the best 6 days of your life!!

This is a Certificate Course. \$600

Linda 07 3878 5953 04 1331 1208

linda@colourresonance.com.au

2. YOUR BIRTHDAY BOTTLES (Aura-Soma)

Sun 20th April 1:30am—4:30pm

Venue: Womenspace, 12-14 Homebush Road, Kedron.

\$25 (\$20 concession)

Fundraiser — all proceeds to Womenspace

BOOKINGS: Glenys McChesney-Clark, Coordinator

Ph: (07) 3357 7444 www.womenspace.org.au

No experience needed! You don't have to know anything at all about Aura-Soma to attend. Discover the energies that were present on the day of your birth and how they have played a role in your life. Most importantly, this is a great way to find the gifts that came from all the challenges you have faced and which, perhaps, have not all been discovered, even now. This is an opportunity to open to those gifts. You brought them in with you and, you have more than you know! This is a lighthearted day so, as well as learning something valuable about ourselves, it's an opportunity to have some fun and laughter with friends!

(Please book through Womenspace.)

2. OUR MULTI-COLOURED CHAKRAS

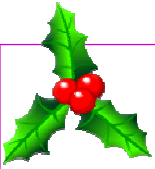
Sun 18th May 10:00am - 4:30pm \$60

Venue: Fig Tree Pocket

No experience needed. **Open to all!** This is *not* an Aura-Soma course in essence, although it can certainly be used with the Bottles. As we know, each of the 7 main Chakras, relate to a specific colour but what we sometimes forget, is that in every Chakra, *all* colours are actually present, it's just that one is dominant. In this course, we explore which part each colour plays within each of the *other* colours within the Chakras, ie Red's role in the Throat Chakra, Green's role in the Brow Chakra, and so on. This is a day to delve a little more deeply into Colour and expand both your knowledge and awareness of the amazing vibrations of colour and light that are within us.

Bookings: Linda 07 3878 5953 04 1331 1208

linda@colourresonance.com.au



MAGENTA

This is the last tertiary and the final colour in this series. Magenta is made up of Red and Violet or, three parts Red and 1 part Blue. It may seem strange to have such a huge amount of Red in something which is regarded as the most spiritual of all colours in our current human paradigm but, remember, this is now the Ascended Red, and is quite different from the Red in the Base Chakra.

Magenta is the only colour of all the twelve colours we've looked at that is not about a Chakra attached to our physical body. Instead, Magenta unifies all the Chakras from Base to Crown. It's very much "as above, so below." It's the culmination of our spiritual journey, our endless search for inner peace and outer purpose. Whilst in the Aura-Soma system, Magenta represents the Soul Star, in many other systems, the Soul Star is seen as gold/white.

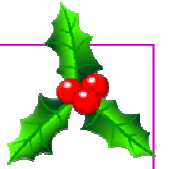
Despite this difference, we can see many correlations. There is no doubt that Magenta transcends all other colours. From its deepest shade, which looks almost black, to its lightest tint of pale fuschia, magenta evokes the highest levels of unconditional love and compassion within us. This is the mature, spiritual love that had it's beginnings in pink. Pink represents how we learn about love - parent and child, siblings, pets, best friends, school friends, work colleagues, team mates, partners. So our early love, could be said to be "heart love" True unconditional love and compassion is not easy for we humans, but when we do experience it, it's unlike any other love we've ever given or received, and totally transcends our love from Earthly to Heavenly. It becomes "Soul Love."

Where unconditional love *truly* manifests, is when we can love someone or something that, at first, seems quite *unloveable*. Not just with our head that tells us we *should* love everyone, but with our heart, that really knows no other way to be. If we say "I *would* love such-and-such, or so-and-so, *but*..." then we are in still our heads and cannot expect to even get close to unconditional love. As Beloved Rahasya frequently tells us in his satsangs and courses, a "yes but" is still a "No!"

Magenta can really help us to overcome our "yes buts", as it touches us through all our Chakras and many of our subtle bodies all at once. When we surround ourselves with Magenta, we are aligning and harmonising ourselves at the highest level we can in that moment. This is a deep, deep connection; into our heart of hearts, flowing up, down, around and through us, all at once. This is literally "soul talk" now. Way beyond the mere physical.

When we are in the Magenta state, we cease worrying about how others feel towards us; we let go of our rigid opinions and dogma and we become content at a level we had no idea we could reach. This is because Magenta will always take us beyond ourselves; beyond our thoughts and experiences; beyond all karmic forces and genetic patterning. It is totally beyond the base human experience and shows us how we can live an ascended life whilst still on Earth in human form. Many of us understand, in our heads, that unconditional love is the answer to Mastery, but how many of us can truly say that we walk in the world, every day, as a conscious expression of Divine unconditional love and unity? That's what we are, but do we act like it? Do we work and walk with that consciousness? Do we really see every other being on the planet as a Divine spark of God/ess? Hardly! But you know what? What really matters, is that we *try*. Try to see the "bigger picture" and what lies behind the events in our everyday life and in the world.

Magenta is the vibration that can take us beyond the drama of the karma of living on the Earth. It helps us to relax thoughts and feelings, it soothes our muscles and heart rate, it brings us the



inner and outer peace that we have been searching for, for so long. The one overriding condition that is SO hard for many of us, and which is SO essential to our wellbeing and spiritual advancement, is "acceptance". Acceptance of all that is, how it is, right now. This is the blessing that Magenta brings - helping us to release any bitterness we hold in our cells around who or what hurt us in the past.

Bitterness is a powerful and insidious emotion. It hides in the dark corners of our heart, our cells and our soul, to reach out with sharp and sudden claws, just when we least expect it. Bitterness is absolute poison to our soul. It depletes our physical energy, unbalances our body chemistry, and holds us back in more ways than we realise. When we can truly, truly release all bitterness from the past, forgiving and really, really, forgetting, then we have an opportunity for Magenta to flood into the empty spaces that the bitterness has left behind.

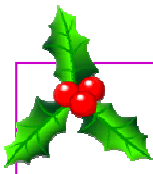
Magenta is about Oneness, about Unity - at levels that were once totally beyond our understanding. Not now though. Now we are in a paradigm of Light. As Earth moves into the Photon Belt we will experience, for the next 2,500 years or so, a Golden Age. More light than any of us have experienced upon the Earth for many, many lifetimes. We are moving into an age of absolute peace and prosperity, despite how things may look right now. In order to benefit from this transit, both the Earth and Humanity need to be at the highest vibration possible.

Oh great! So how do we do that, when there's George Bush and Iraq and Africa and China and tsunami's, earthquakes, floods and fire? What about the whales? Oh and let's not forget the Illuminati, all the conspiracy theories, email scare hoaxes, religious strife and genetically modified food! Where's the peace in all that? Where indeed? Where else *would* it be, but within ourselves? This is the planet of choice and our choice is, to be peaceful and accepting, or not!

Oh, so we're supposed to be passive then and let all this stuff just happen? Oh no. We can "do" stuff. It's just what we do and how we do it that makes the difference. Do we come from a standpoint of unconditional love and unity, or one of anger, resentment and bitterness? it makes a HUGE difference to the outcome. So, how do we get all those other people to see sense? We don't. There's only one person that we can get to "see sense" and, again, it's ourselves. It will never be any different. Be the Peace you want to see in the world. Be the unconditional love you want to see in the world. Be the most unified, conscious being you want to see in the world. And leave the others alone. Osho said "what someone else thinks of you is none of your business." Make it the same for yourself and don't worry about them, either.

When we make a choice to operate fully in a Magenta state, becoming One Divine Compassionate Heart, then something quite wonderful happens. Our cells begin to glow with Divine Light. It's perceptible. Others can see it. The more we choose to accept "what is" and connect to Divinity in every moment, the greater our cellular light grows. Others will be attracted by it and begin to gravitate towards it. (We are all spiritual moths!) As this light shines from us in our Magenta state of Unconditional Love & Unity, we shine a light to lighten humanity; a light to lighten the Earth. It radiates from us, illuminating the dark places that may still remain within ourselves, within others and within the world. The more of us who can bring more and more Divine Cellular Light Codings into our physical body, into our chakras and subtle bodies, are paving the way for this whole planet to transcend.

Magenta is Wholeness. It helps us to draw back the fragments of ourselves and become Unified once more. Unconditional Love, the Unified Heart, Divine Compassion - this is Magenta. And so it is.



MAGENTA AURA-SOMA BOTTLES

All bottles with Deep Magenta in the base are, in some way, a "Rescue" Bottle.

B67 Magenta over Magenta "Love from Above"

"*Love in the Little Things*" Tarot card 10 of Pentacles. This bottle helps us to find the greatest love in the small everyday things that we do for another or, that another does for us. Acknowledging or performing the smallest act of kindness, given with the greatest love, brings inner peace and contentment. God/ess is not only found in visions of exploding light, angelic sounds and brilliant colour, but in the simple act of putting 50 cents into a parking meter that's about to expire, in making someone a cup of tea when you're dog-tired and would rather sit down or, in phoning your mother when you'd rather watch tv and, if we're the recipient, acknowledging the "little things" we have been given.

B100 Clear over Deep Magenta "Archangel

Metatron" *The Light within the Shadow*" No tarot card. In a sense, this is Aura-Soma's version of black and white. The Clear fraction on top looks as though it holds nothing at all, whilst the lower fraction looks almost black. What is shown in the clear fraction, however, is how we can get caught in the "glamour" of spiritual happenings and become "blinded by the light". In the lower fraction, we see how we may get so emotionally drained, that we enter the "dark night of the soul". In either case, we may feel quite lost, and find no purpose to anything. Metatron helps us to hold on; to come to a sense of peace and calm within whilst we explore both the light and the dark of ourselves. Only in the moment of our greatest darkness can we finally see a tiny spark of light that is our enduring connection to God/ess. It was and always will be there, but if it hadn't been so dark, we might have missed it.

B103 Deep Olive over Deep Magenta "Archangel Samael"

"*A new beginning for Hope*". No tarot card. Born on the morning on 9/11 2001, this is the only Bottle with Deep Olive. Archangel Samael is often called The Angel of Death, and America had the opportunity that day to die to what it had been, so that it could rise again as something new. When such a massive loss of life occurs, not only the whole of humanity, but the Earth itself, is affected. We had, and still have, a choice; to fall into anger and revenge or, to rescue ourselves from our past patterns, and open our hearts in order to move into forgiveness and hope. The implications of 9/11 were not fully understood, even by many spiritual luminaries. This bottle says it all. The way of bitterness is stagnation, but the way of unconditional love leads to new hope.

B104 Iridescent Pink over Magenta. Archangel Chamael" "*It is as it is*" No tarot card. The two loves. The love from the heart and the love from the Soul. Divine Unconditional Love & Unity. As this bottle is shaken, it sparkles with iridescent, rainbow lights. Using Chamael is like giving oneself an enormous, loving hug! It's unbelievably soft and gentle and helps us to accept ourselves, or another, just as we are. Instead of tears of sadness, this bottle may have us crying tears of pure joy and tenderness as Spirit connects our heart and soul together and makes them One. The song of the heart-soul is a heavenly melody of iridescent pink & magenta; all-loving, all-accepting, all-embracing.



MAGENTA Pomander - Use when you find it hard to love unconditionally, when petty judgement and bias seem to be getting the upper hand, and when we want to be more lovingly unified with others.

MAGENTA Quintessence - Pallas Athena & Aeolus

These angelic energies help to open us to a greater truth. Assists us to remember our dreams. Can take us far beyond the physical realms to a higher form of creativity. Helps us to release old cellular/karmic codings and bring in new ones. Helps us to care more deeply, about ourselves and others as we move closed to accepting "what is".

MAGENTA Colour Essence - Athena gifted us the Olive tree, (*Olive is the complementary colour to Magenta,*) and Aeolus is Ruler of the Winds. Use this Essence in sacred ceremony. Helps us to care more deeply for Gaia, no matter how small our contribution. Helps us to ride the winds of change occurring in the world and remain in Oneness. Love All. Serve All.

AURA-SOMA ANNUAL CONFERENCE 2008

FRIDAY 25th & SATURDAY 26th APRIL
PUBLIC OPEN DAY - SUNDAY 27th APRIL 2008
Watermark Hotel & Spa, Gold Coast, QLD

All Aura-Soma students, practitioners and teachers are encouraged to attend. There is always so much to learn and it's great to connect with some of the Aura-Soma family from other states. Learn new ways to use Aura-Soma, and be brought up to date with the latest product news. Attend mini-workshops presented by other Aura-Soma teachers and practitioners. Do give this some serious thought, as these conferences are SO valuable. Come with a friend and share accommodation costs!

CONFERENCE BOOKINGS AND INFORMATION:

Harry or Marg Simon

simon@aura-soma.com.au

PH: 02 9541 1066

THE SUMMER SOLSTICE (LITHA) 22nd Dec

In Latin, Solstice means "Sun stands still." It's the day with the most amount of light all year, so take a moment for some sacred time and give gratitude for the fullness and abundance upon the southern Earth at this moment of greatest light. All the seeds we planted in the winter and spring are now bursting forth, including the seeds we have sown in our hearts and minds. Solar energy is at it's most potent at this time of year, energising, revitalising, illuminating, everyone and everything upon the Earth, so it's also a time to reflect on the growing light within each one of us.

In ancient times, bonfires were lit atop the hills; the people danced and rejoiced in their abundance. We cannot light fires in Australia at this time of year, but fire, and red, represent passion, so this is a good time to think about what you are passionate about and how much (or how little) you are rejoicing in the Life-Dance that you are constantly creating.

SOLSTICE RITUAL: *Create a tableau (altar) Gather red silk or velvet cloth, red candles and holders, red flowers in full bloom, red fruit and vegetables, red incense (cedarwood, dragon's blood, sandalwood,) Wear red clothes, and surround yourself and your table with pictures or photos of nature in abundance; masses of flowers, fields of golden, ripened grain, masses of babies! (old calendars are great for this!) If your passion is writing, add a red pad and pen, if it's painting, some red paint and a red brush etc. Then, simply sit and be in the abundance of your creation!*

TRADITION AND RELIGION ENMESHED

Presents, trees, mistletoe and yule logs really have much more to do with Christmas than we might think. In pre-Christian times there were already several celebrations throughout the northern winter months, with the Winter Solstice often being the catalyst for the celebrations. The Mayans, Incas, Egyptians, Jews, Islamists, Buddhists and Hindus, have all had December-based celebrations since time immemorial, although seemingly for different reasons, many of them are about celebrating increasing Light coming to Earth. Australia, gets many of its current Christmas customs from pagan Britain, Europe and Scandinavia.

SANTA CLAUS/SAINT NICHOLAS

The original story of Santa Claus begins with a man called Nicholas, who was born during the third century AD in Turkey. His parents were very wealthy and devout Christians. He was orphaned at a young age and as he grew into adulthood, Nicholas used his whole inheritance to assist the sick, the needy, and the poor. He was made Bishop of Myra while still a young man and became known for his generosity, his love for children, and his concern for sailors and ships. The Roman Emperor Diocletian, ruthlessly persecuted Christians, and Bishop Nicholas was exiled and imprisoned. He was eventually released, and died on 6th December 343 AD. He was buried in his cathedral church, where a unique relic, called manna, formed in his grave. This liquid substance was said to have healing powers which fostered the growth of devotion to Nicholas.

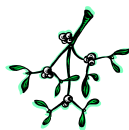


THE ORIGINS OF THE CHRISTMAS FEAST

In pre-Christian and Medieval times, the Mid-winter or Yuletide Feast, was celebrated in Great Britain and across throughout Europe and Scandinavia. For Romans, it was the feast of Saturnalia. It was a time to celebrate the coming of light and good time to use up stored foods which were past their best, including meat. To disguise the less than fresh taste and dodgy aroma, the meat was often minced, dried fruit and spices added and the mix baked in small pies (!) Yes, the original mincemeat really did have meat in it. Among the rules of medieval etiquette were "Guests must have clean nails," "Guests must not pick their teeth with a knife, straw or stick," and, "Guests may not sing or speak loudly until they are drunk." Always included was the wassail bowl, a hot spiced ale with roasted apples. It was the custom for every family to have a steaming bowl of wassail ready to serve throughout the holiday season. As each person drank they would call out "Waes Haeil!" meaning "be whole" and was replied with "Drink Haeil" meaning "to your health." In later times, roving wassailers strolled up and down village streets carolling and carrying their wassail bowl decorated with ribbons and garlands. Upon arriving at each house, they offered their empty wassail to the householder who obligingly kept their bowl brimming!

KISSING UNDER THE MISTLETOE

In Norse mythology Freya's son Baldur was killed by the mischievous Loki with an arrow of mistletoe wood. Freya revived her son and made the mistletoe promise to never hurt anyone ever again. From that time, Mistletoe became a symbol of peace between enemies, and love between friends. It was also known as an antidote for poison and a cure for sterility. It was said that fairies and elves would hide in the branches of mistletoe so they would be taken inside homes at Yuletide to watch the people feasting and enjoying themselves. (This is also said of Christmas trees and Yule Logs!)



GIFT GIVING AT CHRISTMAS



In pre-Christian times, Romans gave gifts at the mid-winter feast of Saturnalia. Much later, following the story of the three wise men bringing gifts for the Christ-Child, it was an easy custom to incorporate into Christian celebrations as well.



THE CHRISTMAS TREE

Pre-Christian Druids revered fir trees as a symbol of everlasting life as they were often the only greenery to be seen throughout the long, cold northern winters. History shows that it was probably the early Saxons who first placed candles on the tree at the Solstice. The modern custom of bringing evergreen trees and decorating them, was probably re-introduced to Britain by the German Hanovarian kings. Its triangular shape was adopted by the early Christians as representing the triad of Father, Son & Holy Ghost.



THE YULE LOG

This custom comes from Scandinavia. The massive log was specially selected, blessed and would burn for up days in the huge medieval hearths. Whilst it's far too hot in our Australian summer to maintain this custom, it's nice to bring it into our celebrations in the form of a chocolate Yule Log cake instead!

So, we have an interesting time in Australia, with many of our religious celebrations still attached to the earlier pagan observances which, of course, follow the yearly cycle of the seasons. Consequently, many of us still celebrate a European mid-winter feast at the height of our Australian summer and, whilst we know Jesus was probably really born in March, if it's OK for the Queen to move her birthday, I guess it's OK for Jesus too!

However you celebrate Christmas, may the blessings of Peace, and all good wishes for a wonderful year ahead, be yours

From Kryon Book 12, Chapter 5 "Lifting the Veil"

Channelled by Lee Carol in Washington DC, April 2005

"The first thing you might decide to heal is drama in your life. You know what I'm talking about, don't you? Do you think it's a mystery who's here with us or reading? Maybe you had to hear today in order to know that we know who you are. Do you go to sleep peacefully, awakening not with the realisation that you're back in the struggle, but with a fresh breath, a release that says, "Oh I love this planet. I'm happy to be here, happy to be the age I am, working where I'm working and doing what I'm doing?"

The more peaceful you become, the more years will be added to your life. This balances your immune system. Did you know that? You don't have to concentrate on your T-cells. Instead, concentrate on getting the drama out of your life, on claiming that which is yours - mastery over your own countenance! The T-cells will take care of themselves in reflection of your peace of mind. It goes together. Human Beings love to compartmentalise everything. You've designed a dimensionality that's so restricted; it affects all the thoughts around you. You have some very, very difficult decisions to make as you build this new track, and the decisions, if they're to be solid, must be "out of the box" that you like to think within. You must tear down the walls of the paradigm that you grew up in - an older energy which will no longer give you good answers." And so it is.

RAHASYA (Dr Fritjof Kraft)

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ph (02)6684 2251, mob 04 3845 1615 www.livingunity.com

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Next Intro evening: call Rose or Sheila Womenspace

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Rose 04 0819 9687 3357 7903 roseweaver9@hotmail.com

Sheila 07 3857 3971 0421 318 575

sheilaheartsoul2004@yahoo.com.au

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Website: www.lyelldeerfarm.com

WOMENSPACE - (closed until 20th Jan) Meditations, meetings and workshops. A beautiful space for women to come together. There are various rooms available to hire. To receive a regular Newsletter with details of all regular, current and upcoming events, contact Womenspace to receive their regular Newsletter with all events and happenings listed. Glenys McChesney-Clark, Coordinator Womenspace, 12-14 Homebush Rd, Kedron Q. 4031 Ph: 3357 7444 www.womenspace.org.au

MARGIE'S UNIQUE METAPHYSICAL MANDALAS

By Marguerite Hann Syme. Intuitive designs via Gaian energy. Working at Higher Self level to create a

personalised mandala for you or a loved one. Hand-drawn and framed. **Mineral and plant mandalas** - varied-size canvases (between \$300 and \$800). **Gift cards** \$3.50 (more than 5 = \$3 ea). **Meditation cards** - laminated \$5 (more than 5 = \$4ea). A4 prints \$40.

PH: 08 8339 4606 mhannsyme@optusnet.com.au

or visit www.margiesmandalas.com

SINGING GROUP

An *à capella* singing group meets at Chapel Hill Uniting Church (cnr of Moggill & Chapel Hill Rds) **every Wednesday at 8pm**

(excluding school holidays). The group is open to women of all ages who just want to sing for the love of it. For more details, contact **Shelley McDonald** of Dream Art, *Creative Fantasy Portraiture*. Ph: **04 0248 5974**

shelley@dreamart.com.au www.dreamart.com.au

ASTROLOGY COURSES & CONSULTATIONS plus "Heal your Life Workshops"

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REPORT 46-page colour, beautifully written & presented \$75.00 each plus postage. **04 3825 3060**

PROPOSES COURSES WITH LINDA BRISBANE 2008 - Dates TBC

I've listed some proposed courses below, to begin from February next year, and will add dates a month or two in advance. In the meantime, (events in turquoise have firm dates!) if you are particularly interested in any of these courses and would like to know more, please do give me a call. Unless stated otherwise, all courses will be at my home in Fig Tree Pocket.

- **Global Peace Meditation FREE EVENT**
1st Tues evening each month, 7:00 - 8:00pm
light supper provided
(January will be 2nd Tues!)

COLOUR WORKSHOPS

- Our Multi-Coloured Chakras - 1 day
- Etheric Rescue Technique - 1 day
- The Colours and Numbers of your Name - 1 day
Abridged version - 1 evening
- Colour Tableaus for Meditation & Healing - 1 day
Abridged version - 1 evening
- How to Heal with Colour - weekend course
- Colour Psychology - over 2 x weekends

AURA-SOMA COURSES

- **Level I, Foundation - 6 days**
Sat 8th March—Thurs 13th March inc (see front page)
- Working with the Masters - 1 day
- Working with the Colour Pomanders - 1 day
- **Your Birthday Bottles** - mini fundraiser for Womenspace Homebush Rd, Kedron Sunday 20th April \$25 (\$20 conc)

REIKI TRAINING COURSES

- Reiki I - weekend course
- Reiki II - weekend course
- Reiki Teacher Training - 5 day Intensive
- One-on-One training also available - all levels - by appointment.

ALSO

- A Day for Women - 1 day
- Soundbath & Sound Healing - 1 day

HEALING & CONSULTATION SESSIONS

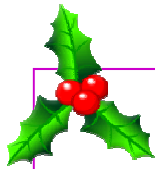
Aura-Soma Bottle Readings,
Reiki with Colour Sound & Crystals
Chakra Massage with Aura-Soma,
Etheric Rescue (to heal shock & trauma)

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THE REIKI PAGE

This issue is about the colour Magenta, but how does that relate to Reiki? Well, these two energies have a great deal in common. The practice of Reiki enables us to constantly go a little further into ourselves. To discover, each day, a little more of who we truly are and, how we can constantly re-birth ourselves every day, through each breath we take.

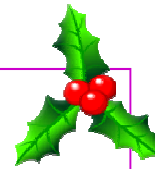
When we practise self-Reiki daily, we keep our physical and subtle bodies as clear and as balanced as possible. It helps us to clear out old karmic and cellular patterns, and bring in new Light Codings, with new understandings and new vibrations. Eventually, we begin to operate in a mode which helps us to walk in both the spiritual and physical worlds in perfect peace and harmony.

Magenta is a colour that has the same properties. It goes well beyond the physical part of us, but yet is totally connected to our physicality through the large amount of red that is present. It allows us to transcend the physical whilst staying totally grounded. It helps to open all our chakras to the intrinsic knowledge of our karmic/cellular DNA. Past, present and future become One. What we were, who we are and who we may become, fade into insignificance; we simply "are".

Both the practice of Reiki and the use of Magenta can help us to fully realise the potency of the mantra "I am that I am". We go past our egoic personality to touch the essence of ourselves as pure Spirit.

One of the greatest gifts of Magenta is that it helps us to truly understand the principle of "love in the little things". Very small, everyday things, which often go unnoticed, but which are performed with the greatest love, have cosmic results. The love we put into the little things are like the flutter of a butterfly's wings on one side of the world, which results in a tsunami on the other. It gathers momentum. As each individual around the world performs a single loving service, every other person benefits.

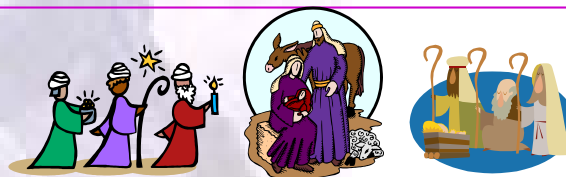
Daily spiritual practice keeps the Light ever present within in us and helps us, constantly, to find gifts within our most challenging circumstances. When we are in an ascended state, we are beyond jealousy, ego, judgement and bitterness. They no longer concern us; they never even begin to hover on the edge of our perceptions; we give them no thought at all. When we have stopped trying to do this, but simply exist in that state, then



we have reached a very important point in our journey. Best of all, the most beautiful thing about this is, that when it finally happens, we are so at One with the All that there is, that we are sublimely unaware of our success!!

The more our inner light grows, the more it begins to radiate from us and we are able to share it - not doing anything at all, but simply sharing because it's a natural consequence of having inner light. We become the Lighthouse. We have no agenda, no judgement, no ego, no bias. We simply have light, and we share it.

Then we can walk in the dark places where energy is heavy and be totally unaffected by it. We are Light and we walk in Light. We no longer ask for light, but now affirm that which we already have. The more we affirm, the more we walk and work in the world, as pure Divine Light Energy, the lighter and brighter the world becomes. This is the Magenta state; this is the Reiki goal. To be as in balance, and as in harmony, as we can possibly be. In Reiki we are Light, we breathe in Light, we breathe out Light, we are Love in the Little Things personified. We are balanced, whole and perfect. We are Magenta! And so it is.



"And there were, in the same country, shepherds abiding in the field, keeping watch over their flock by night. And Lo, the angel of the Lord came upon them and the glory of the Lord shone round about them, and they were sore afraid. And the angel said unto them "Fear not, for behold, I bring you good tidings of great joy which shall be to all people. For unto you is born this day in the city of David, a Saviour, which is Christ the Lord. And this shall be a sign unto you. Ye shall find the babe wrapped in swaddling clothes, lying in a manger." And suddenly there was with the angel, a multitude of the heavenly host praising God and saying "Glory to God in the highest, and on Earth, peace; goodwill to all." Luke 2:8-14

*Wishing you a magical Christmas
and a New Year full of Joy & Peace
Linda xxxx*

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